

**Wrightington Shoulder Tips and Tricks course**  
**15th & 16th March 2018**  
**Venue: Wrightington Hospital Conference Centre**

**Thursday, 15<sup>th</sup> March 2018**

08.30 Registration

Welcome and Introduction - Prof I A Trail

**09.00 Section 1: Rotator Cuff disorders - Optimising outcomes**

**Chairs: Sarah Russell and I Trail**

09.00 Choosing the best mechanical construct

09.15 Management of Acute Cuff tears

09.30 Subscapularis tears- Current concepts

09.45 Early vs delayed mobilisation

Muthu Jeyam  
Mike Walton  
Puneet Monga  
Bruno Mazuquim/  
Sarah Russell/  
Theresa Goggins  
Usman Butt  
Jo Gibson

10.00 Reversibility of muscle / tendon after repair

10.15 Making Physiotherapy work - Top tips

10.35 Discussion - 10 min

**10.45 COFFEE BREAK**

**11.00 Section 2: The Failed Rotator Cuff Surgery**

**Chairs: Rob Conlon and Steve Bale**

11.00 Causes of failure

11.20 Making physiotherapy work when surgery doesn't

11.40 Should we have used Rotator Cuff augmentation

12.00 Should we have used Biologics -

12.20 Discussion - 20 min

Andy Carr  
Robert Conlon  
Len Funk  
Andy Carr

**12.40 LUNCH BREAK AND EXHIBITIONS**

**13.40 Section 3: Massive Cuff tears**

**Chairs: Julia Walton and Len Funk**

**13.40 to 14.10 Supra scapular nerve ablation - Matt Ravenscroft and team physio**

Principles and indication

Surgical technique

Outcomes

Physiotherapy

**14.10 to 14.40 Bridging Grafts - Amit Modi and team physio Helen Tunnicliffe**

Principles and indication

Surgical technique

Outcomes

Physiotherapy

**14.40 to 15.10 Tendon Transfer – Jean Grimbergand team physio**

Principles and indication

Surgical technique

Outcomes

Physiotherapy

**15.10 TEA BREAK**

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**15.30 to 16.00 In Space Balloon – Assaf Dekel**

Principles and indication  
Surgical technique  
Outcomes  
Physiotherapy

**16.00 to 16.30 Superior Capsular reconstruction - Duncan Tennent and team physio**

Principles and indication  
Surgical technique  
Outcomes  
Physiotherapy

16.30 Case discussions– 30 minutes

17.00 **CLOSE**

**19.00 to 20.00 Drinks and Industry Workshops - Wrightington Hotel**

**20.00 Course Dinner - All Faculty and Delegates**

Friday, 16<sup>th</sup> March 2018

08.30 Registration (if not already registered previous day)

**09.00 Section 4: Gleno-humeral arthritis - Optimising outcomes**

**Chairs: Julia Walton and Puneet Monga**

**Anatomical Total Shoulder replacement**

09.00 Evolution and indications

09.20 Evidence update- what's new in the last 3 years

09.40 Surgical technique Video presentation

10.00 Discussion - 20 min

Ian Trail  
Matt Ravenscroft  
Pascal Boileau

**10.20 COFFEE BREAK**

**10.40 Section 5: Cuff Tear Arthropathy**

**Chairs: Jill Thomas and Mike Walton**

**Reverse Geometry shoulder replacement**

10.40 Evolution and indications

11.00 Evidence update- what's new in the last 3 years

11.20 Surgical technique Video Presentation

11.40 Discussion 20 min

12.00 Rehabilitation the Wrightington Way

Steve Bale  
Jean Grimberg  
Pascal Boileau

Wrightington Team

**12.20 LUNCH**

**13.40 Section 6: Key Lecture session**

**Introduction Ian Trail and Sarah Russell**

13.40 Shoulder replacements 10 years from now!

14.05 PSI and Custom implants

Philippe Valenti  
Pascal Boileau

**15.00 TEA BREAK**

**15.20 Section 7: The Failed Shoulder replacement**

**Chair: Steve Bale**

15.20 Revision arthroplasty in trauma sequelae

15.35 Managing infection

15.50 Managing Instability

16.05 Managing Bone Loss

16.20 Discussion 10 min

Muthu Jeyam  
Ian Trail  
Philippe Valenti  
Pascal Boileau

**1630 CLOSE**