

The National Health Service in England website has a range of information which you may find helpful on eczema and its management www.nhs.uk

Allergy UK is the leading national charity providing support, advice and information for those living with allergic disease. If you/your child have eczema and associated allergies their website www.allergyuk.org is a great source of support with lots of downloadable information leaflets. There is also a free helpline telephone number 01322619898.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

How We Use Your Personal Information

For details on how we collect, use and store the information we hold about you, please take a look at our "how we use your personal information" leaflet which can be found on the Trust website:

http://www.wwl.nhs.uk/patient_information/leaflets/

This leaflet is also available in audio, large print, braille and other languages upon request.
For more information please ask in department/ward.

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Need to know more about Eczema?

Community Healthcare

Patient Information

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Introduction

Eczema is a common skin condition affecting one in five children and one in 20 adults.

To help you to understand more about this condition we have included several websites that you may find useful.

Please note the information provided in the websites and video is for general guidance only. Please speak to your health professional if you require further information.

Leaflets and booklets

If you/your child have been prescribed emollients and topical steroids you may find the leaflets and booklets provided by the National Eczema Society (NES) very helpful to read.

The leaflets are available to download free of charge from their website: www.eczema.org

The NES have also produced several informative booklets on eczema, one of which is directed at teenagers. The booklets are available to purchase at a small cost or your health professional may be able to provide them.

You can contact the NES on their free helpline telephone number 800 0891122 or you can email helpline@eczema.org

'Emollients and eczema – what you need to know'

The 'emollients and eczema – what you need to know' film explains how emollients play a vital role in the everyday management of dry skin and eczema. It is aimed at parents caring for children with eczema.

The emollients and eczema – what you need to know film has been made with the help of two experts in the field of eczema management: Professor Michael J. Cork and Nurse Specialist Julie Carr.

This film is available on the YouTube channel.

Information for schools

If you pay for prescriptions you can save money by buying a three or 12 months prescription pre-payment certificate (PPC). You can buy this certificate online if you visit the web address below or you can check if your local pharmacy is registered to sell you a PPC: www.nhsbsa.nhs.uk

There are two PPC options to choose from:

- A three month PPC - this will save you money if you need more than three prescribed items in three months
- 12 month PPC - this will save you money if you need more than 12 prescribed items in a year.

Contact information

Name of your health professional:

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Contact telephone number:

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Useful information

The British Association of Dermatology (BAD) is a charity which works with many organisations to achieve its aims of supporting patients and improving standards. Use the link www.bad.org.uk to access the website.

Once on the homepage click on For the Public link and it will take you through to other links including one for patient information leaflets (PILs). There are several leaflets available to download depending on diagnosis and the type of eczema. Your health professional can direct you to the most appropriate ones.

There is also a link to Skin Support on the BAD website. It aims to provide psychological support for people with skin diseases. It has a variety of self-help materials. You can also access the website directly on www.skisupport.org.uk