

Ref: FOI2016/3252  
Date Received: 18<sup>th</sup> May 2016  
Response Due: 16<sup>th</sup> June 2016

2<sup>nd</sup> June 2016

Dear

## INFORMATION REQUEST UNDER THE FREEDOM OF INFORMATION ACT 2000

We are now pleased to respond to your request for information under the Freedom of Information Act.

You asked:

1. What is the current waiting time for treatment for talking therapies in your area in primary healthcare? Please break down the wait for each type (or 'choice of modality') which is available in your area.
2. What is the current longest wait for talking therapies in your area in primary healthcare? That is, what length of time has the person who's been waiting the longest been waiting? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
3. What is the current waiting time for treatment for talking therapies, appointments with psychologists or psychiatrists in your area in secondary healthcare? (Please break down the wait for each type (or 'choice of modality') which is available in your area.
4. What is the current longest wait for talking therapies, appointments with psychologists or psychiatrists in your area in secondary healthcare? That is, what length of time has the person who's been waiting the longest been waiting? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area. For the above questions please provide the figure for referral to first treatment waiting time, not referral to 'assessment' or 'intervention' time.
5. How many referrals have there been into adult mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date. Please break referrals down into talking therapies and overall mental health referrals, if possible.
6. What is the maximum number of talking therapy sessions an adult, eligible for therapy, can receive in your area at primary and secondary care level.

### **As a separate FOI request, please provide the following information about the Child and Adolescent Mental Health Services in your area.**

1. In Child and Adolescent Mental Health Services (CAMHS), what is the current waiting time for a young person to receive talking therapies. Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
2. In CAMHS, what is the current longest wait to receive talking therapies? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
4. What is the maximum number of talking therapy sessions a young person, eligible for therapy, can receive in your area at primary and secondary care level.
5. How many referrals have there been into child and adolescent mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date.

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I hope the above is clear, but to avoid any misunderstanding I have included an example of the kind of response I hope to receive for each request (one for adult and one for CAMHS). Please supply your answers in an editable word document or in the plain text body on an email for easy transcription. Please do not send a PDF document. I request this format in line with the ICO guidance on FOIs – in that they should be provided in the format requested (see here: <https://ico.org.uk/for-organisations/guide-to-freedom-of-information/receiving-a-request>)

Therapy Type	Current Wait	Longest wait	Maximum sessions
CBT	8 weeks	18 weeks	4
Group Therapy	2 weeks	6 weeks	6
Counselling	4 weeks	8 weeks	4
Family therapy	10 weeks	12 weeks	6

This Trust does not provide mental health services. Please redirect your query to:-

Information Governance Manager  
 Integrated Governance Team  
 5 Boroughs Partnership NHS Foundation Trust  
 Hollins Park House  
 Hollins Park  
 Hollins Lane  
 Warrington  
 Cheshire  
 WA2 8WA  
 01925 664485

[FOI@5bp.nhs.uk](mailto:FOI@5bp.nhs.uk)

Yours sincerely,



**Natalie Baxter**

**Information Governance Manager**

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If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to: Information Governance Department, Wrightington, Wigan and Leigh NHS Foundation Trust, WrightingtonHospital, Hall Lane, AppleyBridge, Wigan, WN6 9EP

If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision. Generally the ICO cannot make a decision unless you have exhausted the complaints procedure at: The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

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