GMMMG
Greater Manchester
Medicines Management Group

NHS
Wrightington, Wigan and Leigh
NHS Foundation Trust

EMOLLIENT LADDER

Formulary (GMMMG) | 1 - First Choice | 2 - Second Choice

Very Greasy

[1] White Soft Paraffin
[1] Zeroderm Ointment
[2] Hydromol Ointment
[2] 50:50 Ointment
[2] Cetraben Ointment
[2] Diprobase Ointment

Greasy

[1] Zerodouble Gel (Low Paraffin)
[1] Zeroguent Cream

Creamy

[1] Epimax Cream (Low Paraffin)
[1] Oilatum Cream (Low Paraffin)
[1] Zerobase (Low Paraffin)
[1] Zerocream
[2] Ultrabase Cream (Low Paraffin)
[2] Cetraben Cream (Low Paraffin)

Colloidal Oatmeal (to be used in patients unresponsive to other emollients)
[1] Zeroveen Cream
[2] Aproderm Colloidal Oat Cream (Paraffin Free)

Antimicrobial (with chlorhexidine & benzalkonium chloride)
[1] Dermol Cream (if skin often infected)

With Urea
[1] Imuderm Cream (Glycerin & 5% Urea)
[1] Dermatonics Heel Balm (25% Urea)
[2] Balneum Plus (5% Urea)

Urea containing products maybe useful in very dry scaling conditions including Ichthyosis, Keratosis Pilaris and Hyperkeratosis (skin thickening) of the palms and soles.

Light

[1] ZeroAQS Cream (Low Paraffin)
[1] QV Lotion (Low Paraffin)
[2] E45 Lotion (Low Paraffin)
[2] Cetraben Lotion (Low Paraffin)

Antimicrobial (with chlorhexidine & benzalkonium chloride)
[1] Dermol 500 Lotion (if skin often infected)

Take Care - Do not smoke or go near naked flames because clothing or fabric such as bedding or bandages that have been in contact with an emollient or emollient treated skin can rapidly ignite.

- **Chlorexidine** containing products may very rarely cause an anaphylatic reaction.
- **Benzalkonium Chloride** containing products may cause skin irritation with long term use.

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