

Please use this space to write notes or reminders.

### Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals  
NHS Foundation Trust, Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

### Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.  
For more information please ask in the department/ward.

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## Recovering from Urological Surgery during COVID-19

### Patient Information

The Patient Information Leaflets page on the Trust website is available on the link: <https://www.wvl.nhs.uk/patient-information-leaflets> or scan the QR code.



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## Introduction

### Treatment during the COVID-19 pandemic

All our health and care organisations are working to tackle the impact of the COVID-19 virus.

The delivery of services remains a top priority for the NHS.

Due to the increased health and safety risk caused by the COVID-19 virus, some extra steps (precautions) are needed to safeguard patients and staff and ensure the best patient care.

Your Urology consultant recommended that you had surgery. It is important that you follow the advice here to make sure your recovery is as safe and effective as possible.

### Aims

Your clinical team will tell you how best to look after yourself when you are discharged home after surgery.

Your clinical team will help with any concerns and answer your questions.

## Guidance

**Where practicable, follow the 'shielding' guidance below for 14 days following your surgery unless your clinical team advise otherwise.**

- If you wish to spend time outdoors (though not in other buildings, households, or enclosed spaces) you should take extra care to minimise contact with others by keeping 2 metres apart.
- If you choose to spend time outdoors, this can be with members of your own household. If you live alone, you can spend time outdoors with one person from another household (ideally the same person each time).
- You should stay alert when leaving home: washing your hands regularly, maintaining social distance and avoiding gatherings of any size.
- You should not attend any gatherings, including gatherings of friends and families in private or public spaces, for example, parties, weddings and religious services.

- You should strictly avoid contact with anyone who is displaying symptoms of COVID-19 (a new continuous cough, a high temperature, or a loss of, or change in sense of taste or smell).

You will receive details of any other aftercare required.

If you have any post-operative concerns, contact your clinical team

Urology Specialist Nurse:  
Telephone 01942 264491

### Please note:

Many hospitals have placed restrictions on hospital visitors during the COVID-19 pandemic, please ask your clinical team for up to date advice.