

# After Care for Minor Eye Surgery

## Patient Information

Ophthalmology Services



The Patient Information Leaflets page on the Trust website is available on the link:

<https://www.wvl.nhs.uk/patient-information-leaflets> or scan the QR code.

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## Following your minor surgery

- Expect some numbness to the operated area which will ease over approximately the next 2 hours.
- Your vision is likely to be blurred for a few hours after your operation it is not advisable for you to drive home.
- Blood stained tears are normal for a few days after surgery. You will be given some sterile swabs to take home. Please use these rather than tissues.
- If you experience any discomfort, taking pain relief such as that used for a headache is often beneficial.
- The eye area may be bruised and swollen; this may take 2 to 3 weeks to settle. If this is expected, the nursing staff will provide a pack which can be frozen at home and used as an ice pack to be held over the affected area for short periods over the first 48 hours after your operation.
- Bathe the eye area as necessary with cooled boiled water and cotton wool from the inside corner of the eye outwards. You will be provided with a pack to use on the first morning after your operation.
- Apply any treatment you may have been prescribed to the wound as directed, ointment/drops can cause blurred vision please do not drive immediately after applying your treatment.
- If you have sutures (stitches) these are normally absorbable and will take around 8 to 10 days to dissolve. If they need to be removed this will be done at your outpatient appointment. Stitches may cause some mild discomfort for a few days. Please keep the wound area clean and dry.

**A follow up appointment for this procedure is not always necessary, if you do require an appointment one will be posted to you.**

### **Contact details**

If you experience any problems please contact:

**Boston House Eye Unit** telephone 01942 822244 or your own GP.

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:



1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

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This leaflet is also available in audio, large print, Braille, and other languages upon request.

For more information, please ask in the department/ward.

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