

Nutrition and Dietetics

Patient Information

Macmillan Allied Health Professionals Team



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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Who we are

Dietitians are members of a group of health workers called allied health professionals.

The Macmillan Allied Health Professionals Team based at Wigan and Leigh Hospice includes a Dietitian.

Our role

To assess, treat and advise on any dietary and nutritional problems you have.

Our aims

- To listen and offer support and advice.
- To enable you to identify realistic goals to maintain or maximise your nutritional health and quality of life.
- To prevent any potential problems with your nutritional health.
- To equip you with skills and knowledge to enable you to self-manage your symptoms.
- To reassess and re-evaluate your changing needs.

What we do

With your agreement we will ask questions about a range of topics which may include:

- Medical history and diagnosis
- Current medication and treatments
- Usual and current weight
- Food and fluids intake
- Family and support.

We may need to weigh you and measure your height. We may also look at your hands, ankles and face for any signs of nutritional deficiencies.

We will explain fully and clearly the advantages and disadvantages of the options available to you.

All our contact with you will be with your consent.

Our treatments

Together we will agree an individual treatment plan to address your needs.

This may include:

- Advice and support
- Management of symptoms such as poor bowel function, weight loss, altered body image, nausea and vomiting, taste changes and dry mouth.
- Information on managing your nutritional health and to help improve your quality of life.

With your consent we will involve your carers and family with the treatment plan if needed.

How to contact us

If you have any questions or queries, which we have not covered in this leaflet, please contact:

Macmillan Allied Health Professionals Team

Wigan and Leigh Hospice
Kildare Street
Hindley
WN2 3HZ

Telephone number: 01942 525566
Monday to Friday 8am until 4pm.

Useful contacts

Macmillan Cancer Support

www.macmillan.org.uk
Macmillan support line: 0808 808 00 00
Monday to Friday 9am until 8pm

Wigan and Leigh Hospice

Kildare Street
Hindley
WN2 3HZ

Tel: 01942 525566

www.wlh.org.uk

British Dietetic Association (BDA)

www.bda.uk.com

Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

**WE ARE
MACMILLAN.
CANCER SUPPORT**



Wigan & Leigh Hospice

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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