

# Occupational Therapy

## Patient Information

MacMillan Allied Health Professionals Team



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID: AMC  
Leaflet Ref: CM 018  
Version: 4  
Leaflet title: Occupational Therapy  
Date Produced: November 2023  
Expiry Date: November 2025

## Who we are

The Macmillan Allied Health Professionals Team based at Wigan and Leigh Hospice includes Macmillan Occupational Therapists.

Occupational Therapists are members of a group of health workers called Allied Health Professionals.

## Our role

Occupational Therapists will support you to overcome any barriers that are preventing you from doing activities that are important in your daily life.

## Our aims

- To enable you to identify realistic goals to maintain or maximise your independence, dignity, and quality of life.
- To equip you with skills, techniques, and equipment to enable you to manage some of your symptoms.
- To continuously reassess and re-evaluate your changing needs.

## What we do

We will ask you questions about your needs; these include:

- Physical
- Psychological
- Spiritual
- Social needs.

We may undertake an assessment of your home environment.

We will consider the impact of your current illness and treatment and ask about any past health issues.

We will discuss your day-to-day routines such as self-care, domestic activities, work, and leisure.

All our contact with you will be with your consent.

## Our treatments

Together we will agree an individual treatment plan to address your needs.

This may include:

- Management of symptoms like anxiety, breathlessness, fatigue and /or pain
- Assessment of your living environment and recommendations following this assessment

- Offer advice and information on managing your day-to-day routines
- We will involve your carers/family with the treatment plan as appropriate.

## How to contact us

If you have any questions or queries, which we have not covered in this leaflet, please contact:

### **Macmillan Allied Health Professionals Team**

Wigan and Leigh Hospice  
Kildare Street  
Hindley  
WN2 3HZ

Telephone number: 01942 525566  
Monday to Friday 8am until 4pm.

## Useful contacts

### **Macmillan Cancer Support**

[www.macmillan.org.uk](http://www.macmillan.org.uk)  
Macmillan support line: 0808 808 00 00  
Monday to Friday 9am until 8pm

### **Wigan and Leigh Hospice**

Kildare Street  
Hindley  
WN2 3HZ

**Tel: 01942 525566**

[www.wlh.org.uk](http://www.wlh.org.uk)

“Helping you to live life YOUR way”

## Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

---

## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

---

## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



---

## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

---

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust.  
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.

**Call 111 first when it's less urgent than 999.**



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

*Proudly serving those who serve.*

Phone: 0808 802 1212

Text: 81212

[www.veteransgateway.org.uk](http://www.veteransgateway.org.uk)

