

# Sample Production for Investigating Retrograde Ejaculation

## Patient Information

FERTILITY  
FUSION



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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the HeartListen and  
InvolveKind and  
RespectfulOne  
Team

## Sample production requirements for Investigation of Retrograde Ejaculation

### Please read all this information carefully prior to your test.

Retrograde Ejaculation occurs when semen enters the bladder instead of emerging through the penis during orgasm. You may ejaculate very little or no semen. Retrograde Ejaculation is not harmful, but it can lead to infertility, it can be caused by some medications, some health conditions and previous surgery to the bladder neck.

### Getting an Appointment

Andrology tests are strictly by appointment. Appointments can be made by calling the Andrology Department on **01257 256251** for a timed call back. Testing is performed at Fertility Fusion, morning and afternoon appointments are available. Let the Appointments clerk know that the test is for retrograde ejaculation testing when booking the appointment, so that you can be allocated a longer time slot. If for any reason you are unable to attend for your appointment, please call the number above, as soon as possible to change your appointment. Any samples which are brought in without an appointment will not be tested.

### Prior to your appointment

Do not have intercourse, ejaculations, or orgasms for 48 hours prior to your test. You should not abstain from intercourse, ejaculations, or orgasms for more than 7 days prior to your test. In other words, you need to abstain for 2-7 days.

You will need this patient information leaflet. Your request form, pots and bags may be given to you when you attend for your appointment. There is a suitable room at Fertility Fusion which you can use to produce your samples.

### The day of your appointment

Drink plenty of water prior to your appointment to try and neutralise your urine. Empty your bladder approximately an hour before attending the unit for your appointment.

### Where to go

**The Fertility Centre at Wrightington Hospital (Fertility Fusion), Hall Lane, Appley Bridge, Wigan, WN6 9EP.** The Fertility centre is a stand-alone building and is signposted throughout the hospital grounds.

## Collection of the Sample

- You will be shown into a lockable room with your pots and bags.
- Ensure that both pots are labelled with your name, date of birth and hospital or NHS number. One is for semen the other larger one is for urine.
- First wash your hands and genitals with soap and water, rinse and then dry thoroughly.
- Have your first pot open and ready to collect any semen into it.
- Masturbate to orgasm; if you produce any semen collect it into the open pot, make a note of the time.
- As soon as you are ready; produce a urine sample into the other pot.
- Put both samples into their own sealable bag. Put the samples, request form and completed slip from below into the dignity bag and give to the Andrologist.

## How do I get my results?

Results are normally sent out to the clinician who requested your test within a week. The Andrologist will let you know how you will be able to get your results. Please complete this slip. This information is very important. Make sure you hand it in at the Unit along with your sample and request form.

Name: .....

Date of birth: .....

Date of sample collection: .....

Time of sample collection: .....

Number of days of abstinence from intercourse; ejaculations or orgasm: .....

If you produced any semen, did it all go in the pot? .....

**Please give details of any medical conditions, recent illness, and medication.**

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
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Wigan Lane  
Wigan  
WN1 2NN

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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
  2. What are the positives and negatives of each option for me?
  3. How do I get support to help me make a decision that is right for me?
- 



## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

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This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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