

Amputation Rehabilitation Following Discharge from Hospital

Patient Information

Therapy Services



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wvl.nhs.uk/patient-information-leaflets> or scan the QR code.

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Our ValuesPeople at
the HeartListen and
InvolveKind and
RespectfulOne
Team

Introduction

The Amputee Rehabilitation Service is based at:
Area 5 - Therapy Department
Leigh Infirmary
The Avenue
Leigh
WN7 1HS

This service is provided by a clinical specialist physiotherapist with therapy assistant support and is available three days a week (Tuesday, Wednesday and Thursday) from 8:00am to 4:30pm.

Aim

Our aim is to provide the necessary rehabilitation to enable you to achieve your maximum level of independence following discharge from hospital after undergoing lower limb amputation surgery.

Eligibility

The service is available to anyone over the age of 18 who resides in the Wigan and Leigh area.

Services provided at Leigh Infirmary:

- Outpatient physiotherapy sessions. (Ambulance transport can be arranged).
- Community home visits when necessary.
- We provide Amputee Rehabilitation alongside the team at the Specialised Ability Centre in Manchester.
- Assessments for and provision of prosthetic limbs are provided at the Specialised Ability Centre in Manchester. This involves input from a multidisciplinary team of Rehabilitation Consultants, Specialist Nurses, Specialist Physiotherapists, Prosthetists and Prosthetic Technicians.

Referral into the service

During your hospital stay your ward physiotherapist or occupational therapist will refer you to our service. We will contact you once you have been discharged home to arrange a suitable appointment.

Attendance for outpatient sessions

- Please report to the Area 5 gym at Leigh Infirmary.
- If ambulance transport is required we will arrange this for you when we ring you to arrange your appointments.
- Please wear loose comfortable clothing suitable for exercising.
- If you are diabetic please note that exercise can lower your blood sugar levels. It is advisable to bring a suitable snack/drink to raise your sugar levels if required and if available your blood sugar testing kit. There is a café on site for refreshments if required.
- Attendance continues until your individual goals have been achieved.

How to contact us

The service is provided Tuesday, Wednesday and Thursday between 8am and 4.30pm.

Telephone Number - 01942 264160 (answer machine only). Please leave a message. Messages are responded to within working hours only.

Due to the nature of some of our work (community visits) we may not be able to return your call on the same day.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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Call 111 first when it's less urgent than 999.



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