

# Aftercare Advice: Barium Follow Through Examination

## Patient Information

X-Ray Department



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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**Our Values****People at  
the Heart****Listen and  
Involve****Kind and  
Respectful****One  
Team**

Name: .....

Hospital No. ....

Consultant: .....

**Your examination is now complete, and you are free to leave the department.**

You may resume your usual eating routine. We advise that you drink plenty of fluids (e.g. water, fruit juice and tea) for the next two days to ensure you do not become constipated from the barium.

You will notice that your bowel movements will be slightly lighter in colour; this is normal and is caused by the white barium that you drank during the procedure.

Please be aware that you may still need to use the toilet after the examination, and it is advisable to remain within reach of the bathroom for the next few hours.

If you have stopped taking your usual medication to undergo this test, you can resume taking it now.

Your results will go back to the consultant or General Practitioner (GP) who referred you for this test. Normally you will receive your results within the next two weeks.

If you have any concerns after your examination, you can contact the X-Ray Department for advice on telephone:

**01942 822398 Monday to Friday 09:00 to 17:00.**

Kind Regards  
X-Ray Department

**Please use this space to write notes or reminders.**

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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**Call 111 first when it's less urgent than 999.**



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