

Sigmoidoscopy Without Sedation

Patient Discharge Information

Endoscopy Department



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID:	NP/SP
Leaflet Ref:	End 012
Version:	5
Leaflet title:	Sigmoidoscopy without Sedation-Patient Discharge Information
Last review:	July 2025
Expiry Date:	July 2027

Our ValuesPeople at
the HeartListen and
InvolveKind and
RespectfulOne
Team

Patient discharge information for sigmoidoscopy procedure without sedation

You can usually eat and drink normally after you have been discharged. It is not unusual to pass wind and have mild cramps after the procedure. If you had the oral bowel preparation medication for this test, you may not have a normal bowel movement for a few days.

If you suffer with any of the following, please contact us for advice straight away:

- Severe abdominal pains
- Develop chills or a fever
- Persistent vomiting
- Chest pain or difficulty breathing
- More than a small amount of bleeding from the bottom

Contact details:

- **Working hours 8am to 5pm – Endoscopy Unit on 01942 264236**
- **Out of working hours 5pm to 8am - Shevington Ward on 01942 822597**
- **In case of difficulty - Accident and Emergency on 01942 822441**

- ☐ You have been discharged back to GP care
- ☐ You will be sent an appointment for Mr / Dr in the post
- ☐ You will receive appointments for further investigations
- ☐ You will require another procedure in

Please use this space to write notes or reminders.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust.
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.

Call 111 first when it's less urgent than 999.



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

Proudly serving those who serve.

Phone: 0808 802 1212

Text: 81212

www.veteransgateway.org.uk

