

# Gastroscopy without Sedation

## Patient Discharge Information

Endoscopy Department



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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**Our Values****People at  
the Heart****Listen and  
Involve****Kind and  
Respectful****One  
Team**

## Patient discharge information for gastroscopy procedure without sedation

You can eat and drink normally 1 hour after the throat spray. It is not unusual to have some wind and mild cramps after the procedure.

### If you suffer with any of the following, please contact us for advice straight away:

- Severe abdominal or chest pains
- Develop chills or a fever
- Persistent vomiting
- Difficulty breathing

### Contact details:

- **Working hours 8:00 am to 5:00 pm – Endoscopy Unit on 01942 264236**
- **Out of working hours 5:00 pm to 8:00 am - Shevington Ward on 01942 822597**
- **In case of difficulty - Accident and Emergency on 01942 822441**

- ☐ You have been discharged back to GP care
- ☐ You will be sent an appointment for Mr / Dr ..... in the post
- ☐ You will receive appointments for further investigations
- ☐ You will require another procedure in .....

**Please use this space to write notes or reminders.**

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

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This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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**Call 111 first when it's less urgent than 999.**



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