

Trial Without Catheter

Patient Information

District Nurse Service / Continence Advisory Service



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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Our Values**People at
the Heart****Listen and
Involve****Kind and
Respectful****One
Team**

Introduction

The District Nurse Service and Continence Advisory Service are carrying out a Trial Without Catheter for you. Your catheter will be removed, by a nurse from the District Nursing Service, between 8.30am and 9.30am. You will need to be at home for the whole day, so the nurse can return to assess your progress.

On the morning of the visit:

- It is important to please let your nurse know if you are constipated (not had a bowel movement in the last 72 hours).
- Following removal of your catheter, you or your relative/carer will need to measure all the urine that you pass and record it on the fluid monitoring chart given to you by the community nurse (you will require a measuring jug/urinal for this to be accurate).
- You need to drink approximately 1-1.5L (4 mugs or 6 cups) from the time the catheter is removed until the Continence Nurse visits (approximately 6 hours later).
- You or your relative/carer should write this down on your fluid monitoring chart.
- The Continence Nurse will visit after approximately 6 hours (from 3:30pm onwards) and they will perform a post-void bladder scan.
- If your catheter is left out, the Out of Hours District Nursing Service will contact you between 6pm and 10pm to check that you are okay.

Aims

To be able to pass urine without having a catheter.

Benefits

Reduction of urinary catheter associated infections.

Risks

Potential problems following removal of your catheter

- Slight bleeding.
- Small amount of blood in urine.
- Discomfort.
- You may feel like you want to go to the toilet more often.
- If the trial is not successful, you may need to have a catheter put back in.

In case of any concerns, please contact the District Nursing Service on:

0300 707 7700, 8a.m.- 5p.m.

0300 707 1266, 5p.m. - 8a.m.

Use this space to write notes or reminders

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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