

# Managing Medications Perioperatively

## Patient Information



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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## Introduction

You are given this leaflet because you are on medications which need to be stopped prior to your surgery.

You will be given this leaflet at your appointment with the pre-op clinic.

If you are also on any anticoagulation or antiplatelet medications (also known as blood thinning medications), you will be given an extra leaflet.

## Aims

To advise on when to stop some medications before surgery. This is to ensure your safety and to avoid cancellation of your surgery on the day.

Not stopping these medications appropriately may result in cancellation of your surgery. This includes if these medications were stopped too early or too late. So please follow the advice as per the table.

If your surgery was postponed, please contact the pre-op clinic on **01942 264234** or **01942 264235**. (For orthopaedic surgeries on **01257 256340**). Staff will advise if you still need to stop the medication or if it is safe to continue taking. (This will depend on the new date for your surgery).

Where it says stop 24 hour prior to surgery, this means to stop on the day of surgery and the day before. For example, if your surgery is on Monday, to have the medication for the last time on the previous Saturday.

Where it says to stop for 48 hours prior to surgery, this means to stop on the day of your surgery and 2 days prior. For example, if your surgery is on Monday, to have the medication for the last time on the previous Friday.

If you usually have your medications in a blister pack, a pill pouch or other monitored dosage system, please contact your regular community pharmacy for assistance allowing reasonable time for adjustments to be made.

Please bring this leaflet to the hospital with you on your operation day.

**Name of the patient:**

**Name of the staff nurse completing the table below:**

**Date:**

The table below to be completed by a staff nurse at the pre-op clinic.

Name of the medication	What is it used for	When to stop prior to your surgery

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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