

# Discharge Advice following an Elective Cardioversion

## Patient Information

Cardiology department



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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**Our Values****People at  
the Heart****Listen and  
Involve****Kind and  
Respectful****One  
Team**

## **Following an Elective Cardioversion, the following advice should be taken:**

- You should be accompanied home and have a friend or relative to stay with you over night.
- Do not drink alcohol for 48 hours following the procedure
- It is advisable not to sign any important documentation for the next 24 hours.
- Refrain from heavy activity or exercise for two to three days.
- You must not drive any vehicle/motorcycle for 48 hours.
- An out-patients appointment for an ECG (heart trace) will be sent to you in the post.
- Any change in medication following your procedure will be discussed with you by your discharging nurse.
- A letter will be sent to your GP detailing your procedure and any medication changes
- If you have any queries about your cardioversion, medication, or symptoms before your next appointment, please contact the Arrhythmia Specialist Nurse secretary on telephone 01942 264905

**You will be assessed for burns to your chest wall before you leave the department and advised if any further action is required.**

**Please use this space to write any notes or reminders**

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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