

# Wound Care following Stitches or Staples

## Patient Information

Cardiac Catheter Laboratory



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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**Our Values**People at  
the HeartListen and  
InvolveKind and  
RespectfulOne  
Team

## Introduction

Your wound site has been closed using stitches or skin staples/glue.

- You will be contacted by a district nurse from your GP surgery who will remove the stitches/skin staples seven days following the procedure.
- Keep your wound dry and covered with a dressing until the stitches or staples are removed.
- You can bathe following stitch/staple removal. Gently dab the wound site dry with a clean towel.
- The scar will take approximately six months to fade.
- Excessive movement at the wound site should be avoided.
- Avoid wearing tight clothing that could rub and cause you some discomfort over the wound site.
- Do not use any perfume/ cosmetic deodorant or any tanning products near or at the wound site.

### **If you experience any of the following:**

- The wound has increased swelling, redness or oozing.
- The wound edge is showing signs of separation or the skin appearing thinner over the pacemaker/loop recorder.
- If you have a raised temperature (over 37.5 centigrade, 99.5 Fahrenheit).

**Please contact the Cardiology Department, Monday to Friday, 8am to 5pm on 01942 822445 / 773018,**

**or Cardiac Catheter Lab, Monday to Friday 8am to 7pm on 01942 773392**

**If it is urgent or at the weekend, please attend the Accident and Emergency Department.**

**Call 111 first when it's less urgent than 999.**

**Please use this space to write any notes or reminders**

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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**Call 111 first when it's less urgent than 999.**



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