

Discharge Advice Following Adenoidectomy

Patient Information

Children's ENT



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID: RS
Leaflet Ref: CH 055
Version: 7
Leaflet title: Discharge Advice Following Adenoidectomy
Date Produced: August 2024
Expiry Date: August 2026

Our Values**People at
the Heart****Listen and
Involve****Kind and
Respectful****One
Team**

When you go home

It is important that your child is kept away from people who may have a cold, flu or any infection. This makes it necessary for them to stay away from school for 10 days and to avoid crowded areas such as swimming pools, cinemas and supermarkets.

- Sometimes children who have had their adenoids removed complain of earache. This can be relieved by giving Paracetamol on a regular basis until the earache has stopped.
- It is important that your child's mouth is kept clean; this will be achieved by regular cleaning of the teeth after meals and before bedtime.

If your child has been known to snore whilst asleep, you will probably expect the snoring to stop when the adenoids have been removed. This, however, will not happen immediately and may take several weeks before you notice any difference.

- When the adenoids have been removed it is recommended that your child does not blow their nose for the first week.
- You will be told if you require a further appointment to attend clinic, but this is not always necessary.
- Please do not hesitate to call the ward if you have any concerns about your child's recovery after they have been discharged home.

Contact

Telephone number of Rainbow Ward is 01942 778762 or 778763, open 24 hours per day.

Please use this space to write notes or reminders

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust.
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.

Call 111 first when it's less urgent than 999.



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

Proudly serving those who serve.

Phone: 0808 802 1212

Text: 81212

www.veteransgateway.org.uk

