

Extractions Under Local Anaesthetic

Patient Information

Maxillo Facial Department



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID: LT
Leaflet Ref: MX 012
Version: 1
Leaflet title: Extractions Under Local Anaesthetic
Date Produced: November 2024
Expiry Date: November 2026

Our Values

**People at
the Heart**

**Listen and
Involve**

**Kind and
Respectful**

**One
Team**

Why am I having the procedure?

Your dentist or oral surgeon feels that you have a tooth/ teeth that cannot be saved and would benefit from removal.

You may have been referred into hospital because the extraction may be difficult, or because your medical history is complex.

What does my procedure entail?

You will be awake for the procedure, as you would be during a dental appointment. An injection will be given inside your mouth to numb the tooth. Once you are numb, you may feel pushing and pressure sensations while we take the tooth out. Clicking or cracking noises are normal, as some teeth have large holes in them and so bits may break off.

If you are having a surgical removal of a tooth, we may need to use a drill which feels like the vibrations you may experience during a filling.

You may need a stitch placing over the socket; this will dissolve by itself over a few weeks, although they can sometimes come out much sooner.

Can I eat and drink before my procedure?

We recommend having something to eat and drink before your procedure, so there is less risk of feeling faint.

Can I take medications as normal?

Generally yes, unless we tell you otherwise at your consultation.

If you are on bloodthinners, we may ask you to alter the way you take these:

Warfarin: take as normal, but we need an INR within 24 hours of the procedure. If you haven't had one, we can do this when you arrive for your appointment

Apixaban, Dabigatran: Miss morning dose

Rivaroxaban, Edoxaban: Delay dose until the evening

Clopidogrel, Aspirin, Ticagrelor, Dipyridamole, Prasugrel: take as normal

If you are unsure, please call us to check.

What can I expect afterwards?

The numbness wears off after a few hours. There may be some pain and swelling, particularly if the extraction was difficult or if you had a surgical removal. You may need to take simple

painkillers (e.g. Paracetamol or Ibuprofen). Discomfort should only last a few days, depending on the procedure. Ice or cold packs can be used to ease swelling.

You may experience some bleeding once the anaesthetic wears off, as the blood vessels open up; this should stop on applying pressure.

Post-operative instructions will be explained to you on the day including who to contact in case of problems.

What arrangements do I need to make for after my procedure?

Most people feel able to return to work the same day; however you may decide to take the rest of the day off, particularly if your job involves talking or strenuous activity. It is recommended that you do not partake in sports or any activity that will increase your heart rate, as this can restart the bleeding. We would also ask that you do not consume alcohol or smoke for the 24 hours after the procedure.

Will I need any more appointments?

If we are unable to carry out all of the extractions in one appointment, we may need to bring you back for the rest of your treatment. This will be arranged for you and an appointment sent out in the post.

If your treatment is finished, we discharge you back to your dentist. If you do not have a dentist, we recommend that you register with one.

Unfortunately, we are unable to provide routine dental care such as fillings and dentures; therefore this would need to be done by a general dentist in practice

I am still unsure about my treatment, who can I speak to?

Your oral surgeon will discuss the treatment with you on the day, and go through the consent form with you. If you need to ask any questions, they will be able to answer these for you. If you decide against treatment, they can discuss alternative options with you.

If you feel you need to discuss anything ahead of your treatment, please contact us on the telephone number below.

Oral & Maxillofacial Surgery telephone 01942 822487

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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