

Community Neuro and Stroke Team (CNST)

Patient Information



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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Our Values

**People at
the Heart**

**Listen and
Involve**

**Kind and
Respectful**

**One
Team**

Who are we?

The Community Neuro & Stroke Team are a team of skilled professionals working with individuals with neurological conditions. We aim to provide an honest, supportive and understanding service. We will endeavour to improve and maintain your quality of life and to help you achieve your personal goals. We are a goal-led service and will work with you to set and achieve realistic goals that are meaningful and purposeful to you.

Our core service consists of the following professionals:

- Highly Specialist Nurses
- Clinical Psychologist
- Physiotherapists
- Occupational Therapists
- Speech and Language Therapists
- Dieticians
- Assistant Practitioners
- Rehabilitation Facilitators
- Admin support

Community Neuro & Stroke Team Neuro & Stroke pathways

The service has two pathways:

Neuro pathway: for individuals with any neurological condition, other than Stroke, such as Parkinsons Disease, Multiple Sclerosis, Motor Neurone Disease, Cerebral Palsy, Brain Injury

Stroke pathway: for individuals who have experienced a Stroke.

Both pathways accept referrals for newly diagnosed conditions, long standing neurological diagnoses or where appropriate repeat re-referrals for individuals who have been known to the service in the past and require a review and further management of their long-term neurological condition.

Those individuals who have had a new stroke will be offered a 6-month post-stroke review.

Your first appointment

We will contact you to arrange an appointment that is convenient for you, and we will also detail the appropriate location e.g. your own home, clinic-based setting. A relative and or carer and/or friend may be present during the visit if you so wish.

Your assessment will include questions about a range of topics including:

- medical history and diagnosis
- current medication and treatment
- physical/mobility
- communication
- eating and drinking
- memory/concentration
- family/support

This is an opportunity for you to inform us about the problems and difficulties you are experiencing. You may not receive therapy or treatment on this visit as it is an assessment of your needs, with an action plan agreed upon.

What will happen following assessment?

There may be an initial wait for profession specific intervention following your initial assessment, and this will be communicated with you at your initial appointment.

Intervention is individualised, based on your identified needs, and the length of your time with the service will be dependent on your agreed goals, and on discussions with the professionals involved in your care. There is an option of self-referral back to the service in the future, following a period of intervention, should your needs change in the future.

How to Contact us

Trust Website - www.wwl.nhs.uk

You can contact us by telephone or email via the contact details below.

CNST – Neuro Pathway

Telephone – 0300 707 4255

Email – wwl-tr.neurocommunityteam@nhs.net

CNST – Stroke Pathway

Telephone – 0300 707 8507

Email - wwl-tr.wigancst@nhs.net

Our office hours are **Monday to Friday 8am to 5pm.**

If we are unable to take your call or you call out of the above standard office hours, you can leave a voicemail, and the most appropriate person will return your call.

Referrals are accepted from a wide range of professional sources including GPs, Consultants, Specialist Nurses, Therapists, Social Services and Voluntary sector. We accept re-referrals where they meet current service criteria. You must be registered with a GP in the Wigan Borough.

Please note we are not an emergency service. If you require an emergency service, please contact the relevant agency.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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