

# Tinnitus Information with Hearing Aid Fitting

## Patient Information

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## Introduction

Your appointment will last up to one hour. During this time the Audiologist will:

- Carry out an ear examination
- Explain your hearing test results
- Take a history of the tinnitus symptoms
- Explain tinnitus, including causes, therapies and equipment available
- Discuss the hearing aid type you will be offered and its use
- Fit your new hearing aid(s), which will have either an ear mould or sound tube depending on your hearing needs; these will be measured to ensure they are the right size and are comfortable to wear
- Programme the hearing aid(s) using a computer to set them accurately to your hearing test
- Test the hearing aid(s) while you are wearing them. This is done by placing a soft tube into your ear and playing a series of sounds through a small speaker. The computer then records the results
- Check that you are comfortable with the sound of the hearing aid(s). Adjustments are sometimes made if necessary.
- Explain what you can expect in the first few weeks of using the hearing aid(s)
- Demonstrate fitting and general use of the hearing aid(s) and give you time to practise putting them into your ears

A follow-up appointment will be booked for around 6 weeks after your hearing aid fitting appointment.

## Hearing aid Safety

Always follow audiologist instruction when using hearing aids. Tamper proofing should be used as specified in the hearing aid user guide. Infants and young children should never be left alone with hearing aids.

It is important to always keep hearing aids and batteries out of reach of young children and pets. If it is thought that a battery has been swallowed please go directly to Accident and Emergency.

**If you require any further information please contact the Audiology Department on 01942 774667 or email [audiology@wwl.nhs.uk](mailto:audiology@wwl.nhs.uk) and we will be happy to discuss this with you.**

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh NHS Foundation Trust  
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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website: [https://www.wwl.nhs.uk/patient\\_information/leaflets](https://www.wwl.nhs.uk/patient_information/leaflets)

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This leaflet is also available in audio, large print, braille and other languages upon request. For more information please ask in department/ward.

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