

## Useful contacts

### Macmillan Cancer Support

[www.macmillan.org.uk](http://www.macmillan.org.uk)

Macmillan support line: 0808 808 00 00  
Monday – Friday 9am to 8pm

### Wigan and Leigh Hospice

Kildare Street  
Hindley  
WN2 3HZ

**Tel: 01942 525566**

[www.wlh.org.uk](http://www.wlh.org.uk)

“Helping you to live life YOUR way”

### Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan WN1 2NN

### Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website:

[http://www.wwl.nhs.uk/patient\\_information/leaflets](http://www.wwl.nhs.uk/patient_information/leaflets)

This leaflet is also available in audio, large print, braille and other languages upon request.  
For more information please ask in department/ward.

© Wrightington, Wigan and Leigh NHS Foundation Trust  
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.



# Occupational Therapy

Macmillan Allied Health Professionals Team

## Patient and Carer Information

In conjunction with



Author ID:	HT/SP
Leaflet Number:	CM 018
Version:	1
Name of Leaflet:	Occupational Therapy
Date Produced:	November 2019
Review Date:	November 2021



## Who we are

The Macmillan Allied Health Professionals Team based at Wigan and Leigh Hospice includes Macmillan Occupational Therapists.

Occupational Therapists are members of a group of health workers called Allied Health Professionals.

## Our role

Occupational Therapists will support you to overcome any barriers that are preventing you from doing activities that are important in your daily life.

## Our aims

- To enable you to identify realistic goals to maintain or maximise your independence, dignity and quality of life.
- To equip you with skills, techniques and equipment to enable you to manage some of your symptoms.
- To continuously reassess and re-evaluate your changing needs.

## What we do

We will ask you questions about your needs, these include:

- Physical
- Psychological
- Spiritual
- Social needs.

We may undertake an assessment of your home environment.

We will consider the impact of your current illness and treatment and also ask about any past health issues.

We will discuss your day to day routines such as self-care, domestic activities, work and leisure.

All our contact with you will be with your consent.

## Our treatments

Together we will agree an individual treatment plan to address your needs.

This may include:

- Management of symptoms like: anxiety, breathlessness, fatigue and /or pain
- Assessment of your living environment and recommendations following this assessment
- Offer advice and information on managing your day to day routines
- We will involve your carers/family with the treatment plan as appropriate.

## How to contact us

If you have any questions or queries, which we have not covered in this leaflet, please contact:

### **Macmillan Allied Health Professionals Team**

Address:

Wigan and Leigh Hospice  
Kildare Street  
Hindley  
WN2 3HZ

Telephone number: 01942 525566

Monday to Friday – 8am to 4pm