

## How can I contact the Macmillan Allied Health Professionals Team?

The Macmillan Allied Health Professionals Team is based at Wigan and Leigh Hospice.

### Macmillan Allied Health Professionals Team

Wigan and Leigh Hospice  
Kildare Street  
Hindley  
Wigan  
WN2 3HZ

Telephone: 01942 525566  
Monday to Friday: 8am to 4pm

### Useful contacts:

Macmillan Cancer Support

Macmillan support line: 0808 808 0000  
Monday to Friday 9am to 8pm

[www.macmillan.org.uk](http://www.macmillan.org.uk)

Wigan & Leigh Hospice  
Kildare Street  
Hindley  
Wigan  
WN2 3HZ

Telephone: 01942 525566

[www.wlh.org.uk](http://www.wlh.org.uk)

### Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

### Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan WN1 2NN

### Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our "how we use your information" leaflet which can be found on the Trust website:

[http://www.wvl.nhs.uk/patient\\_information/leaflets](http://www.wvl.nhs.uk/patient_information/leaflets)

This leaflet is also available in audio, large print, braille and other languages upon request.  
For more information please ask in department/ward.

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# About the Team

## Macmillan Allied Health Professionals Team

### Patient and Carer Information

In conjunction with



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## Who are we?

We are members of a group of health workers called Allied Health Professionals (AHPs) and are based at Wigan and Leigh Hospice.

All members of the team have undertaken specialised training in order to provide high quality life enhancing care for patients who are living with cancer and / or other life limiting diseases.

The multi-disciplinary team consists of AHPs from:

- Physiotherapy
- Occupational Therapy
- Nutrition and Dietetics
- Speech and Language Therapy

We work closely with District Nurses, General Practitioners (GPs), hospice staff, hospital staff and many other health and social care professionals in order to provide expert care.

## What we do?

We work with people who are experiencing difficulties in their everyday life as a result of their illness or its treatment.

This can be at any point in time during or after your treatment.

Difficulties vary but may include symptoms such as:

- Anxiety
- Breathlessness

- Pain
- Low energy levels
- Muscle weakness
- Difficulty eating, drinking or swallowing
- Weight loss
- Bowel problems
- Difficulty communicating.

## What will happen after I have been referred to the team?

You will be offered an appointment for an individual assessment by one or more members of the team. With your agreement, the therapist will ask you questions about the impact of your illness on everyday life. You will be given time to explain your priorities and main concerns.

Together you will agree an individualised plan aimed at meeting your particular needs.

The plan may include:

- Assessment and advice on suitable equipment
- Relaxation techniques
- Review of mobility
- Exercise programmes
- Advice on diet and nutrition
- Breathlessness management
- Fatigue management
- Strategies to assist communication.

## Where will the appointments take place?

You will be offered an appointment at a venue that most suits your needs.

That may be:

- In the outpatient clinic at the hospice
- In your own home
- On the hospice ward
- In another suitable location.

## How often will I be seen?

Assessment of your needs may require more than one appointment session with one or more members of the team.

Once a plan has been made further sessions will be agreed at mutually convenient dates and locations for you and your therapist(s).

When your plan has been completed you will be discharged from the care of the Macmillan Allied Health Professionals Team. You may be referred to other services outside of our team for additional help.

You can request a re-assessment if your needs change or new problems arise following discharge. Contact details are overleaf.