

Useful contacts

Macmillan Cancer Support

www.macmillan.org.uk

Macmillan support line: 0808 808 0000
Monday to Friday 9.00am to 8.00pm

Wigan and Leigh Hospice
Kildare Street
Hindley
Wigan
WN2 3HZ

Telephone: 01942 525566

www.wlh.org.uk

Local Community Pharmacy

Your local community pharmacies offer a wide range of services, including information and general advice on symptom relief medicines, as well as a prescription collection and delivery service.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our "how we use your information" leaflet which can be found on the Trust website:

https://www.wwl.nhs.uk/patient_information/leaflets/

This leaflet is also available in audio, large print, braille and other languages upon request.
For more information please ask in the department/ward.

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NHS Foundation Trust.

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NHS

**Wrightington, Wigan and
Leigh Teaching Hospitals**
NHS Foundation Trust

Speech and Language Therapy

Macmillan Allied Health
Professionals Team

Patient and Carer Information

In conjunction with

**WE ARE
MACMILLAN.
CANCER SUPPORT**



Wigan & Leigh Hospice
time is precious

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Who are we?

Speech and Language Therapists (SLT's) are members of a group of health workers called Allied Health Professionals.

The Macmillan Allied Health Professionals Team is based at Wigan and Leigh Hospice and includes a Macmillan SLT.

What does a SLT do?

SLT's provide life-improving treatment, support and care for people who have difficulties with communication, eating, drinking and swallowing.

Using specialist skills, SLT's offer assessment and advice if you are having difficulty when communicating

For example:

- Understanding or following conversation
- Expressing yourself or speaking clearly
- Finding the right words in conversation.

We also help if you are having problems when eating, drinking and swallowing.

For example:

- Struggling to start a swallow
- Coughing, choking or becoming breathless whilst eating and drinking
- Avoiding certain textures or consistencies of food/drink.

What will happen during my first appointment?

With your agreement, the SLT will ask you questions about the impact of your illness on everyday life.

You will be given time to explain your priorities and main concerns.

If you are having difficulty with communication the SLT will take time to discover exactly how this is affecting you.

If you are having difficulty with eating, drinking and / or swallowing the SLT will ask you to explain the problems. The SLT may also watch you eat and drink.

It is extremely helpful to your care if the SLT is able to share the assessment and updates of your progress with the other healthcare professionals involved in your care.

Please let the SLT know if you do not wish this to happen.

Where will the appointments take place?

It is helpful if you are able to attend a speech and language therapy outpatient clinic at Wigan and Leigh Hospice.

If you are unable to travel the SLT may be able to see you in your own home or at another mutually convenient location.

What happens next?

The SLT will discuss the outcome of assessment and your treatment options with you.

Together you will agree an individualised plan aimed at meeting your particular needs.

This plan may include:

- Further more detailed assessment
- A programme of word exercises
- A programme of exercises for your speech and / or swallowing muscles
- A gradual introduction of different textures and / or consistencies of food and drink
- Advice and support
- Referral to other healthcare professionals.

How often will I be seen?

The SLT will discuss your appointments with you and agree a plan to meet your needs.

How can I contact the SLT?

The Macmillan SLT is based at Wigan and Leigh Hospice.

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Kildare Street
Hindley
Wigan
WN2 3HZ

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