

Women's Healthcare Unit

Patient Information

Draft

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You have been referred by your GP to the Gynaecology Department – Women’s Healthcare Unit. The Women’s Healthcare Unit at Leigh provides a comprehensive range of services for women including General Gynaecology Clinics, Urodynamics, Hysteroscopy and Colposcopy Clinics.

During your visit, depending on the reason for your referral, you may be offered other services or procedures known as a “one stop clinic appointment”. The advantage of this service is that you could be diagnosed and treated in one visit rather than coming back for multiple appointments.

This leaflet provides you with information on the services we offer so that you are informed and have an understanding of what may be offered to you.

Menstrual Disorders Clinic/Post-Menopausal Bleeding

You may have been referred to this Clinic following episodes of post-menopausal bleeding (vaginal bleeding at least 6 months after your periods have stopped) or irregular vaginal bleeding.

- **Trans-vaginal scan** – a vaginal ultrasound scan may be performed to measure the lining of your womb. This involves a scan probe being inserted into the vagina to obtain a view of the inside of your womb. An empty bladder is required for this scan.
- **Hysteroscopy** – if necessary following the ultrasound scan, a hysteroscopy may be performed. This is a procedure where a fine camera called a Hysteroscope is passed into the vagina and through the cervix (neck of the womb) to allow a view of the inside of your womb. Sometimes polyps are seen which can be removed easily at this point by gently twisting the polyp off.

Colposcopy Clinic

A referral to Colposcopy Clinic is indicated following an abnormal cervical smear or if your GP has concerns regarding the appearance of your cervix.

Colposcopy is the direct visualisation of your cervix under magnification. A liquid is applied to your cervix using a soaked cotton wool ball and this can help to identify the abnormality. A tiny biopsy may be obtained with minimal discomfort. Treatment called LLETZ may be offered if appropriate which involves removing the abnormal area using local anaesthetic and a small heated loop.

Bladder Assessment Clinic/Urodynamic Tests

You may be referred to a bladder assessment or urodynamic clinic with symptoms such as incontinence, frequent urination, a sudden urge to pass urine, painful urination, urine infections or problems emptying your bladder completely. Problems with prolapse are also seen in these clinics.

Urodynamic testing is a procedure that assesses how the bladder and urethra are performing their job of storing and releasing urine. A small catheter is used to fill the bladder and record the measurements. A typical urodynamic test takes around 15-20 minutes to perform.

General Gynaecology Clinic

You may be referred to this Clinic with gynaecological symptoms including vaginal prolapse (insertion or change of ring/shelf pessaries), lumps and bumps, pain/bleeding during/after intercourse, menopause symptoms, vulval irritation, dysfunctional bleeding, permanent method of contraception i.e. sterilisation. You may be offered an ultrasound scan as part of the “one stop” service we offer.

Contact

You can contact the Unit by telephoning: 01942 264959 or 01942 264960

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website: https://www.wwl.nhs.uk/patient_information/leaflets/

This leaflet is also available in audio, large print, Braille and other languages upon request. For more information please ask in the department/ward.

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Call 111 first when it's less urgent than 999.