

# Semen Production for IUI (Intra Uterine Insemination)

## Patient Information

FERTILITY  
FUSION 

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## **Important information prior to the day of your treatment**

To reduce any risk associated with Covid-19, we are currently encouraging all sample production to take place in your own home, provided that you can deliver your sample to us within one hour of you producing it.

If you are producing your sample at home, you will need one of our special IUI pots which we will provide for you. Please check that it is labelled correctly with your details and your partner's details. You must only use the pot we give you for your IUI.

### **Prior to collection**

Your semen sample should be produced in time for your appointment at:  
The Fertility Centre at Wrightington Hospital (Fertility Fusion), Hall Lane, Appley Bridge, Wigan WN6 9EP

You should not have intercourse or any ejaculations for at least 48 hours prior to producing your sample for treatment. You should not abstain from intercourse or ejaculations for more than 7 days.

On the day of your appointment, do not use antiseptic or alcohol gel hand-wash prior to producing your sample as these products are toxic to sperm.

### **Collection of the sample**

First wash your hands and genitals with soap and water, rinse and then dry thoroughly. Collect the sample by masturbation directly into the container.

Collect the entire ejaculate.

Screw the lid back onto the pot, ensuring it is not cross threaded (which will cause it to leak). Please note that a leaked sample will severely jeopardise the preparation of your sample.

Place your sample into the sealable bag then put them into the dignity bag.

### **Bringing your sample from home**

Follow the instructions above for collection of the sample in time for your appointment. You should transport it to the unit as soon as possible after you have produced it. To keep your sample warm you can put it in an inside pocket.

On reaching Fertility Fusion you will be taken to a quiet area by a member of the Andrology staff and you will be asked to verify and sign that all the details relating to your sample and IUI treatment records are correct. You will also be asked what time you produced your sample, how long you have abstained, whether your entire sample went into the pot and you will be asked to sign that it is your sample in the pot.

You will also be given a return time for your partner to be inseminated; this is usually around 2 hours after your sample has been received.

## **Producing your sample at Fertility Fusion**

For men who are unable to produce their sample at home and have arranged to produce their sample at Fertility Fusion.

When you arrive at the centre for your appointment you will be given a special, labelled pot to collect your sample, you will also be given a sealable plastic bag and a dignity bag. You will be asked to verify that all the details on the pot and the IUI treatment records are correct.

You will be shown to one of the male rooms to produce your sample. You should follow the instructions for collection of the sample.

You will be told how to alert the Andrology staff that you are ready to hand over your sample when you have produced it. You will be asked what time you produced your sample, how long you have abstained, whether your entire sample went into the pot and you will be asked to sign that it is your sample in the pot.

You will also be given a return time for your partner to be inseminated; this is usually around 2 hours after your sample has been received.

## **Contact information**

For further information contact the nurse specialist, or deputy on 01257 256251. The Chief Biomedical Scientist can be contacted on 01942 264226.

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan WN1 2NN

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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



[https://www.wrightingtonhospital.org.uk/media/downloads/sdm\\_information\\_leaflet.pdf](https://www.wrightingtonhospital.org.uk/media/downloads/sdm_information_leaflet.pdf)

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## How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website:  
[https://www.wwl.nhs.uk/patient\\_information/leaflets/](https://www.wwl.nhs.uk/patient_information/leaflets/)

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This leaflet is also available in audio, large print, Braille and other languages upon request. For more information please ask in the department/ward.

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