

Wrightington, Wigan and Leigh Teaching Hospitals

NHS Foundation Trust

Information Governance Department

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Email: foi@wwl.nhs.uk

Web: www.wwl.nhs.uk

Ref: FOI/2025/10769

Date Received: 20th May 2025

Response Due: 18th June 2025

Date: 16th June 2025

Dear Sir/Madam

With reference to your request for information received on 20th May 2025, I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do not hold the information you have requested. A response to each part of your request is provided below.

In your request you asked:

Can you please provide the following information under the Freedom of Information Act 2000. This query relates to shopping addiction, which is also known as Compulsive Buying Disorder (CBD) or Oniomania. Could the information please be provided in financial years.

For background, I have been advised that:

- GPs or NHS talking therapies would be the first point of call for such patients.
- Generally those diagnosed with the condition would rarely be diagnosed with it on its own as other mental health problems are likely to be present as well.
- The ICD-11 diagnosis criteria may be used and under that, this condition could be listed as 'obsessive compulsive disorder - other' (which was what gambling used to be noted as before it was added to the diagnosis criteria).

1. How many people have been identified as possibly having the condition (Compulsive Buying Disorder - CBD) during the following periods:

- 2020/21**
- 2021/22**
- 2022/23**
- 2023/24**
- 2024/25**
- 2025-to date**

This information is not centrally recorded, please see the below statement.

2. What is the age and gender of those mentioned in question 1?

This information is not centrally recorded, please see the below statement.

3. If someone presented to the NHS with this condition, what support or treatment options are available?

Management of the patient on arrival to the emergency department would depend on their presenting symptoms. If they presented with mental health systems only, the triage nurse would refer for mental health input and the patient would usually transfer into the colocated mental health suite. At this point, Greater Manchester Mental Health would take over the care of the patient, even though they are still in the emergency department. The Trust would only provide treatment for any physical health issues.

Therefore, please redirect this question to Greater Manchester Mental Health NHS FT to understand their treatment approach. They can be contacted on foi@gmmh.nhs.uk.

4. How many people have been identified as having Compulsive Buying Disorder (CBD) alongside another mental health diagnosis? E.g OCD or ADHD.

This information is not centrally recorded, please see the below statement.

5. What is the age and gender of those mentioned in question 4?

This information is not centrally recorded, please see the below statement.

6. How many people have been identified as having a behavioural addiction e.g gambling, porn or gaming, during the following periods:

- a. 2020/21
- b. 2021/22
- c. 2022/23
- d. 2023/24
- e. 2024/25
- f. 2025-to date

This information is not centrally recorded, please see the below statement.

7. What is the age and gender of those identified in question 6?

This information is not centrally recorded, please see the below statement.

The Trust does not have a specific code for Compulsive Buying Disorder therefore, this information is not centrally recorded, if recorded it would be held within individual case notes. As case notes are for the care and treatment of patients, we do not request staff to interrogate them in order to collate the information required to respond to Freedom of Information requests.

If you are not entirely satisfied with this response, please do not hesitate to contact the Information Governance Department via the email address provided. If we do not hear from you within 40 days, we will assume that we have been able to accommodate your request under the Freedom of Information Act 2000.

Yours sincerely,



Joanne Bark
Divisional Director of Operations & Performance

PLEASE NOTE:

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to: Information Governance Department, Wrightington, Wigan and Leigh NHS Foundation Trust, Suite 9, Buckingham Row, Brick Kiln Lane, Wigan, WN1 1XX.

If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision at:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire, SK9 5AF

Helpline number: 0303 123 111