

Ref: FOI/2025/10806

Date Received: 4th June 2025

Response Due: 2nd July 2025

Date: 1st June 2025

Dear Sir/Madam

With reference to your request for information received on 4th June 2025, I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold part of the information you have requested. A response to each part of your request is provided below.

In your request you asked:

1. How many prescriptions were issued for sleep medications (e.g. Zopiclone, melatonin) in the last 5 years.

- Zopiclone = 0 FP10 prescriptions and 4,649 hospital prescriptions issued for Zopiclone (inpatient, discharge and outpatients).
- Melatonin = 255 FP10 prescriptions and 7,978 hospital prescriptions issued for Melatonin (inpatient, discharge and outpatients).

Time period: April 2020 to March 2025.

The above data will not include any patients administered these medicines on a paper drug chart if taken from ward stock as this isn't recorded in the electronic systems. Also, this is number of prescriptions so a single patient could have multiple prescriptions in this period.

2. Total number of sleep disorders recorded in the last five years (broken down by year) and split by age range - I have attached a spreadsheet with the full list.

The Trust is unable to provide this data as it is not recorded centrally, if recorded it would be held within individual case notes. As case notes are for the care and treatment of patients, we do not request staff to interrogate them in order to collate the information required to respond to Freedom of Information requests.

The attached list of codes and descriptions are diagnostic codes which may have been recorded on various inpatient episodes of care, however within the ICD-10 classification of diseases the organic and non-organic sleep disorder blocks only have 4 characters (F51.-, G47.- and P28.3) not 5 or 6

characters, and the rest of the codes are not specific to sleep so may be assigned for other conditions also. The Trust does not hold diagnostic data for outpatients.

3. The total number of drug prescriptions issued for the following sleep disorders in the past five years (broken down by year and by drug type e.g. Melatonin, Benzodiazepines, Z-drugs).

The Trusts pharmacy systems do not store indication data. Therefore, the Trust is unable to provide this data as it is not recorded centrally, if recorded it would be held within individual case notes. As case notes are for the care and treatment of patients, we do not request staff to interrogate them in order to collate the information required to respond to Freedom of Information requests.

4. The total number of patients referred to non-drug treatments, such as CBT-I.

The Trust is unable to provide this data as it is not recorded centrally, if recorded it would be held within individual case notes. As case notes are for the care and treatment of patients, we do not request staff to interrogate them in order to collate the information required to respond to Freedom of Information requests.

If you are not entirely satisfied with this response, please do not hesitate to contact the Information Governance Department via the email address provided. If we do not hear from you within 40 days, we will assume that we have been able to accommodate your request under the Freedom of Information Act 2000.

Yours sincerely,



Gary Masterman
Associate Director of Pharmacy (Governance Assurance)

PLEASE NOTE:

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to: Information Governance Department, Wrightington, Wigan and Leigh NHS Foundation Trust, Suite 9, Buckingham Row, Brick Kiln Lane, Wigan, WN1 1XX.

If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision at:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire, SK9 5AF

Helpline number: 0303 123 111