

Freedom of Information Request – Perineal Wound Care Practices

We would be grateful if you could respond to the following questions regarding perineal wound care practices at your Trust. The information gathered will contribute to a broader understanding of current clinical approaches across NHS Trusts in England, both during and after childbirth.

Perineal Cleansing Prior to Birth:	Tap water	Sterile water	Other (please specify)	None
1a. At your Trust, what is used to cleanse the vulvo-vaginal area when a spontaneous vaginal birth is imminent?	X			
1b. What is used to cleanse the vulvo-vaginal area when an instrumental delivery is planned?	X			
2. Cleansing at the time of Episiotomy: In the event of performing an episiotomy during a spontaneous vaginal birth, what cleansing solution is used immediately beforehand? (Please select none if cleansing prior to an episiotomy is not mandated within Trust guidelines)	X			
3. Cleansing Prior to Suturing: 3.a What cleansing solution is used prior to suturing following a spontaneous vaginal birth? 3b. What cleansing solution is used prior to suturing following an instrumental vaginal birth?		X X		
4. Post-Suturing Cleansing: What cleansing solution is used after suturing has been completed for: a. Spontaneous births b. Instrumental births		X X		

<p>5. Use of Adjunctive Products (e.g. Medical-Grade Honey, Flaminal etc):</p> <p>Does your Trust recommend or routinely provide any specific topical product(s) (e.g., medical-grade honey, Flaminal, or similar) for the care of perineal trauma?</p> <p>If so, please specify the product(s) used and outline your policy (e.g., used for all women with any perineal trauma, or only for women meeting certain clinical criteria).</p>	<p>Yes: Recommends but does not supply (please specify)</p>	<p>Yes: recommends and provides (please specify and outline policy)</p>	<p>No</p> <p>X</p>
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6. Monitoring of Perineal Wound Referrals:	Yes	No
Does your Trust routinely collect data on the number of women who are referred back into services due to concerns about perineal wound healing (excluding routine OASI follow-up)?		X

7. Specialist Perineal Wound Clinics:	No	Yes: please detail
<p>If your Trust offers a perineal wound clinic, or if women are seen postnatally in maternity assessment units with perineal wound concerns, are any products recommended to support wound healing (excluding antibiotics where indicated)?</p>	X	