



# Wrightington, Wigan and Leigh Teaching Hospitals

NHS Foundation Trust

## Information Governance Department

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Ref: FOI/2023/9386

Date Received: 10<sup>th</sup> November 2023

Response Due: 8<sup>th</sup> December 2023

Date: 5<sup>th</sup> December 2023

Dear Sir/Madam

With reference to your request for information received on 10<sup>th</sup> November 2023, I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold the information you have requested. A response to each part of your request is provided below.

In your request you asked:

**1. Do you have a Staff Health and Wellbeing Lead in your organisation?**

Yes

**2. Do you have a Staff Wellbeing Team and what is the structure?**

Yes, Staff Wellbeing Manager, Psychological Support Practitioner, Health and Wellbeing Practitioner, Health and Wellbeing Facilitator, Health Promotion Specialist, Administrator

**3. Where does staff health and wellbeing sit within your organisation?**

Within the Staff Experience Team in Workforce Directorate

**4. Do you have a Mental Health First Aid programme?**

The Trust does not have an active Mental Health First Aid Programme to train up new Mental Health First Aiders since 2020; however, we have already trained Mental Health First Aiders in the Trust from previous cohorts.

**5. How many Mental Health First Aiders do you have?**

60

**6. How many Health and Wellbeing Champions do you have?**

190

**7. Has staff health and wellbeing had financial investment since 2021?**

Yes, at the end of 2021 the Trust had business case approval for permanent posts in Steps4Wellness and Staff Psychological Support Teams and for investing in 2 posts to offer a Staff Physiotherapy Service.

**8. Does your organisation offer staff training? If so, what training do you offer?**

Yes, as follows:

- Steps4Wellness Conversations Training
- Steps4Mindful Living programme
- Acceptance and Commitment Therapy (ACT) Training
- Physio Educational Sessions, e.g. back and neck care, knee and foot care
- Steps4Wellness Champions – induction to the role, having supportive wellbeing conversations training (e-learning), quarterly CPD events
- Menopause Awareness sessions
- Menopause Lunch n Learn Cafes
- Personal Resilience training

If you are not entirely satisfied with this response, please do not hesitate to contact the Information Governance Department via the email address provided. If we do not hear from you within 40 days, we will assume that we have been able to accommodate your request under the Freedom of Information Act 2000.

Yours sincerely,



Juliette Tait  
Chief People Officer

**PLEASE NOTE:**

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to: Information Governance Department, Wrightington, Wigan and Leigh NHS Foundation Trust, Suite 9, Buckingham Row, Brick Kiln Lane, Wigan, WN1 1XX.

If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision at:

The Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire, SK9 5AF

Helpline number: 0303 123 111