BUMP, BABY AND YOU

INFANT FEEDING RESOURCES

[English Language Videos - Global Health Media Project](https://globalhealthmedia.org/language/english/?_sft_topic=breastfeeding)

BREASTFEEDING AND HAND EXPRESSING VIDEOS

COLOSTRUM HARVESTING LEAFLET



[64d3405786e503.08128184.pdf (wwl.nhs.uk)](https://www.wwl.nhs.uk/media/.leaflets/64d3405786e503.08128184.pdf)

UNICEF BABY FRIENDLY INITIATIVE INFANT FEEDING AND RELATIONSHIP BUILDING INFORMATION LEAFLETS AND VIDEOS

[Baby Friendly Resources - Baby Friendly Initiative (unicef.org.uk)](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/)

SAFE SLEEP

[The Lullaby Trust - Safer sleep for babies, Support for families](https://www.lullabytrust.org.uk/)

VITAMIN D RECCOMENDATIONS AND HEALTHY START VOUCHERS

[Getting vitamins – Get help to buy food and milk (Healthy Start)](https://www.healthystart.nhs.uk/getting-vitamins/)