



CAREER STORIES

EHMEE MARIANO

OCCUPATIONAL THERAPIST

What is your role?

My role as an Occupational Therapist generally involves helping individuals or groups of individuals with physical, mental and psycho-social difficulties. Working at Wrightington Hospital with the Inpatient Therapy team, my role is to work with patients who had orthopaedic surgeries in order for them to get back into living their normal lives as much as possible. This is achieved through teaching them helpful strategies and adaptive skills, providing them the right equipment and making a collaborative decision of identifying the most appropriate setting for them to continue with their therapy goals. These all contribute to supporting patients' recovery, ultimately promoting their independence.

What is your career journey so far?

I have just qualified as an Occupational Therapist last year, and this is my first professional job. In my university placements, I had the opportunity to work in different areas such as Acute Stroke and Stroke Early Supported Discharge, Spinal Inpatient, Acute Trauma Orthopaedics and Rehab, Hand Therapy, Falls Prevention and Adult Community Mental Health. Before going back to university as a mature student, I have worked as HCA in nursing, residential and EMI settings and worked my way up to becoming a supervisor. I have a Psychology degree from the Philippines, worked as a Psychologist there for five years before immigrating to the UK.

Why WWL?

During my placement here, I have experienced the top notch work ethics of all the staff I have worked with. It was an incredible learning opportunity and experience and with WWL being the Orthopaedic Centre of Excellence in the North West, to come back and have my first job here is just a dream come true.