



CAREER STORIES

LEE TOWERS
PHYSIOTHERAPIST

What is your role?

My role as a senior MSK rotational physiotherapist provides an opportunity to develop my MSK knowledge and skills in both orthopaedic in-patient and out-patient settings as well as community outpatient sites.

I am involved in assessing, diagnosing and treatment that is based on a sound knowledge of evidence-based practice. Specifically, I treat MSK conditions, pre and post-operatively, often rehabilitating chronic and complex conditions to return to normal function and sport. My rotations are 9 months in duration, working with fantastic teams across various sites such as Wrightington Hospital, Royal Albert Edward Infirmary (RAEI) and numerous community health centres within the Wigan Borough.

What is your career journey so far?

In 2015 I qualified as a Sports Therapist and have worked in a private clinic and sporting clubs. I then gained NHS experience by working as a Therapy Assistant on acute medicine and elective orthopaedics whilst studying physiotherapy at Manchester Metropolitan University. In addition to my therapy assistant role I worked part-time as a sports therapist at a number of football academies.

I qualified with a BSc (Hons) Physiotherapy degree from Manchester Metropolitan University in June 2020 after securing a rotational band 5 physiotherapist post at WWL in the December 2019. During the pandemic I was re-deployed to RAEI working on acute medicine and on ICU. I returned to MSK outpatients and was successful in getting a specific band 5 rotational post with the vision of upscaling to become a senior physiotherapist. Currently, I am working at Wrightington Hospital as a senior physiotherapist on an outpatient rotation (lower limb bias).

Why WWL?

What I like most about working for WWL and this speaking for across the sites is the comradery with my fellow colleagues that gives a sense of a professional, positive and fun working environment. This mirrors the quality the physiotherapy service has to offer 'happy staff, makes for happy patients'.