



CAREER STORIES

SARAH RUSSELL

DIVISIONAL DIRECTOR OF NURSING AND AHPs

What is your role?

As the Divisional Director of Nursing and AHP's I am involved in the development and review of the divisional strategies to ensure high quality patient care. This includes service review, risk stratification, negotiation and discussion with staff at all levels and across multiple disciplines. I am responsible for workforce delivery, budgetary control and accountability to meet the needs of the patient.

What is your career journey so far?

I am a registered Physiotherapist working within the NHS for over 30 years. I started with my physiotherapy role and gained extensive experience in the treatment of musculoskeletal disorders specialising in the management of upper limb conditions.

I consequently led the Therapy team at Wrightington Hospital and developed the Upper Limb Therapy Service. Following this I became Clinical Lead for MSK Therapies where I was both a Senior Manager and a clinical leader for a range of services, guiding, motivating and delivering a high quality, evidence-based service for patients.

Since 2008, I have been an Honorary Lecturer at both Manchester and Salford Universities. I have been actively involved in developing, promoting and teaching on the MSc Upper limb modules. These initiatives have facilitated better patient management for our tertiary patients referred across the North-West. My career so far has been diverse and as a result of my continuous professional and personal development I have succeeded across a variety of high-level challenges and career pathway direction.

Why WWL?

WWL is a great place to work and provides the width and breadth of experiences for whichever career path you want to choose.