



Wigan Borough Joint Strategic Needs Assessment 2023

Wigan Health and Care Research Forum

What is a JSNA?

“A process to identify the current and future health and wellbeing needs of a population in a local authority area”

Purpose

- Enable effective strategic planning
- Determine what actions the local authority and other partners need to take to meet residents' needs
- Address the wider determinants that impact on health and wellbeing.

Written by PH Registrar, supported by Senior Public Health Analyst.



Joint Strategic Needs Assessment
Wigan Borough Population Health
Profile 2023/2024

November 2023

Key Findings

- Overall, the health of the Wigan Borough population is **worse** than England.
- When compared to England, local people experience **shorter lives** and spend less time in good health, equating to a quarter of life lived in poor health.
- Poor health outcomes are predominantly associated with **deprivation**: one in three residents live in the most deprived 20% of areas nationally.
- Health outcomes **vary** across local communities and these health inequalities are reflected across the life course.
- Residents are generally **proud** of their local area, and feel that it is a place where people get along well


Wigan in Brief



How might it be used in research?

The JSNA creates a shared starting point of health need in the Borough, based on publicly available data. It asks as many questions as it answers.

Potential Uses in Research

- Use it to generate ideas for further, more detailed research
 - Identify geographic areas of the borough to situate research
 - Understand gaps in existing data including under-researched populations and communities
 - Strengthen arguments for policy change
- 

What's next?

- Much more detail in the full document
- Deep-dive JSNAs planned for 2024:
 - Health Inequalities
 - Children's Health
- Regular updates of the overarching JSNA
 - Harness more detailed data
 - Build in community insight through qualitative research

The Building Blocks of Health

Most of how 'healthy' we are is not decided by our genetics, or the quality of NHS services

Our health is mainly influenced by a wide range of economic, social and environmental factors, most of which an individual can't change on their own

These 'building blocks of health' represent the fundamentals that people need in order to thrive

Health inequalities are caused by differences in these building blocks between people, which are often unfair and unjust



Creating Health: Wigan's Strategy for Health & Wellbeing 2024-2034

- Recently refreshed Wigan's Strategy for Health and Wellbeing, driven by the Health and Wellbeing Board.
- Developing a strong narrative for Wigan Borough – underpinned by the Joint Strategic Needs Assessment.
- Sets out the long-term direction for change to improve health outcomes for the Wigan Population.



Creating Health: Wigan's Strategy for Health & Wellbeing 2024-2034

Health is our most important asset. Enabling people to live their best lives, a prosperous economy and sustainable public services all rely on a healthy population.

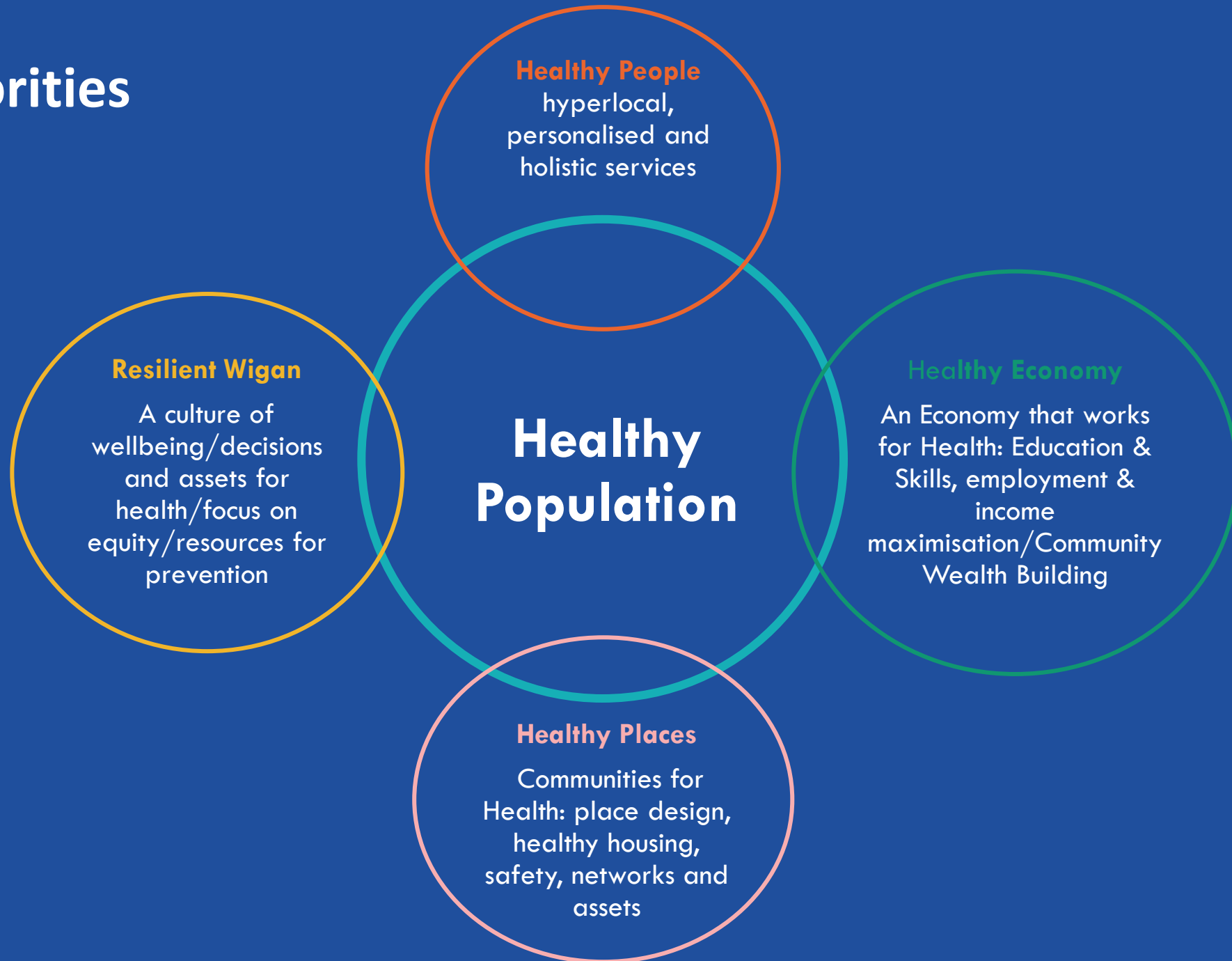
We want everyone to experience health in a way that enables people to live their best life, no matter who they are or where they live

This strategy sets the long-term direction for change to improve health outcomes.

We will turn our ambition into reality by focusing together on the things we know make the biggest difference to improving health for everyone.




Our Priorities



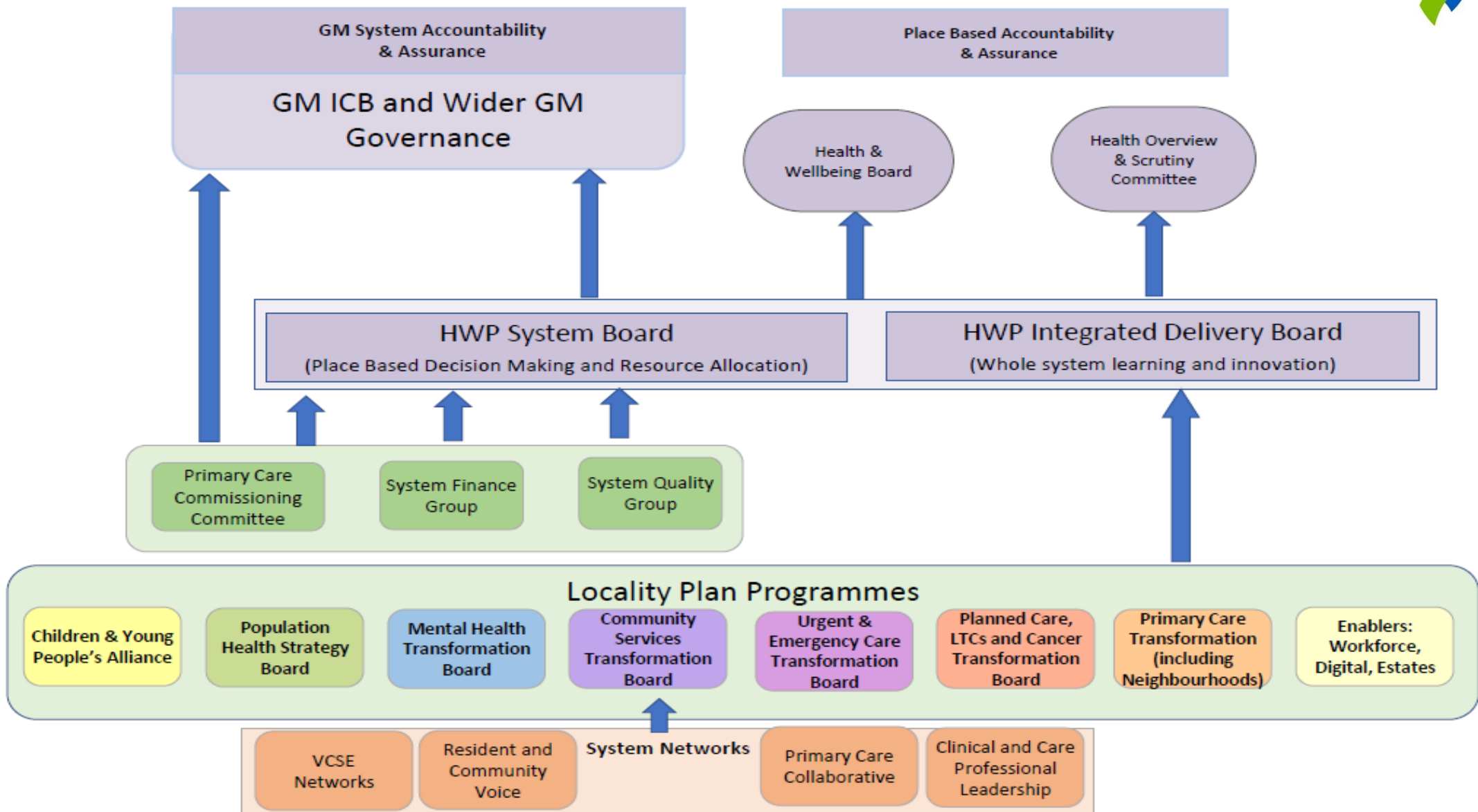
Wigan Locality Plan 2024-27

- Sets out a 3-year system level plan for how we will improve the health and wellbeing of our residents.
- This sets out our ambition to join up services; help people to take control of their health and provide personalised care that sees the whole person, not just a particular disease or condition.

Priorities:

- Reducing health inequalities.
 - Improving health and wellbeing outcomes.
 - High quality, safe, person-centred health and care services.
 - Raise awareness and ensure focus on the wider determinants of health. (building blocks of health)
 - Making the best use of the Wigan £.
- 

Governance and Reporting Arrangements





Findings

Wigan Health and Care Research Forum

Key Headlines – Conditions for Good Health



4 in 10 would not be able to afford an unexpected expense of £850

9% behind on rent or mortgage payments



7 in 10 people:

- Feel proud of their local area
- Feel a strong sense of belonging to their local area
- Feel their local area is a place where people of different backgrounds get on well together

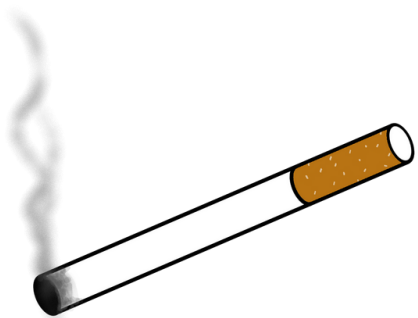


3 in 4 residents are happy with parks and greenspaces in their local area



In terms of day-to-day socialising, only three in four residents reported that they had someone to call on for company or to socialise

Key Headlines – Protective Factors and Risks



Wigan: 14.7%

England: 12.7%

(smoking prevalence)

High in routine and
manual workers

Lung cancer
incidence double
national average in
some areas



Wigan: 560

England: 494

(alcohol-related admissions
per 100,000 people)

More than 3x
number of licensed
premises per km
than England



Wigan: 222

England: 164

(admissions for self-harm
per 100,000 people)

1 in 6 adults
living with
depression



Wigan: 71.3%

England: 63.8%

(adults overweight or
living with obesity)

Higher levels of
physical activity
than England



Wigan: 3,272

England: 2,100

(admissions due to falls per
100,000 people age 65+)

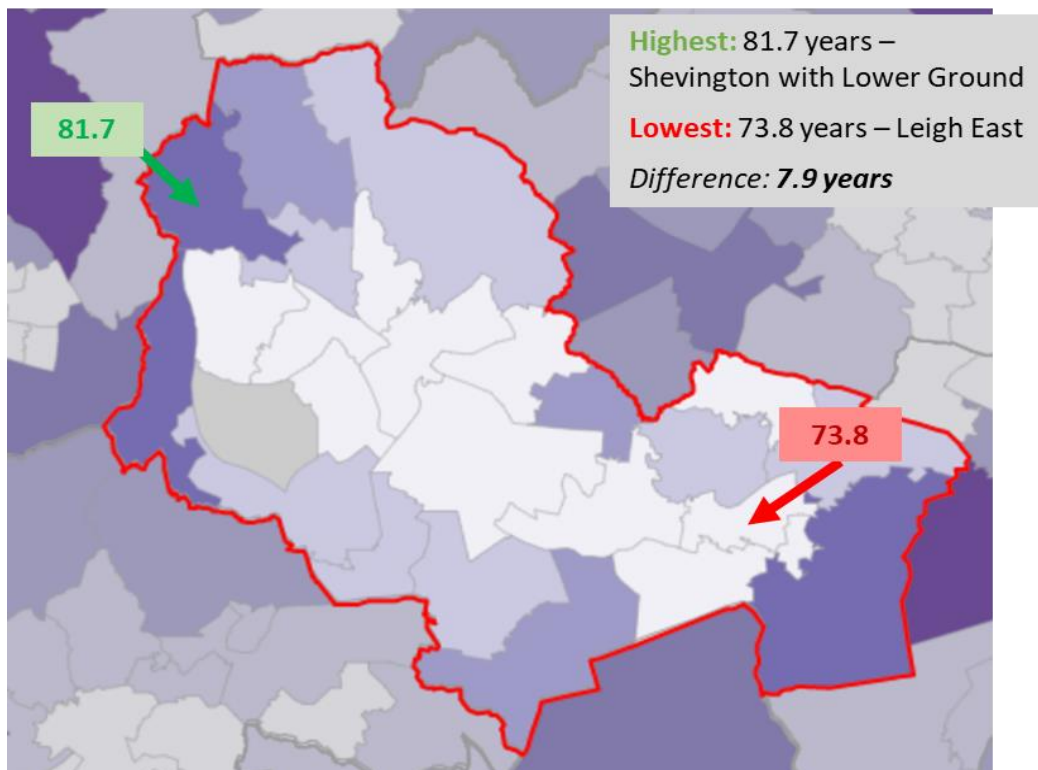
Largest cause of
emergency
admissions for
older people

Life Expectancy and Inequalities

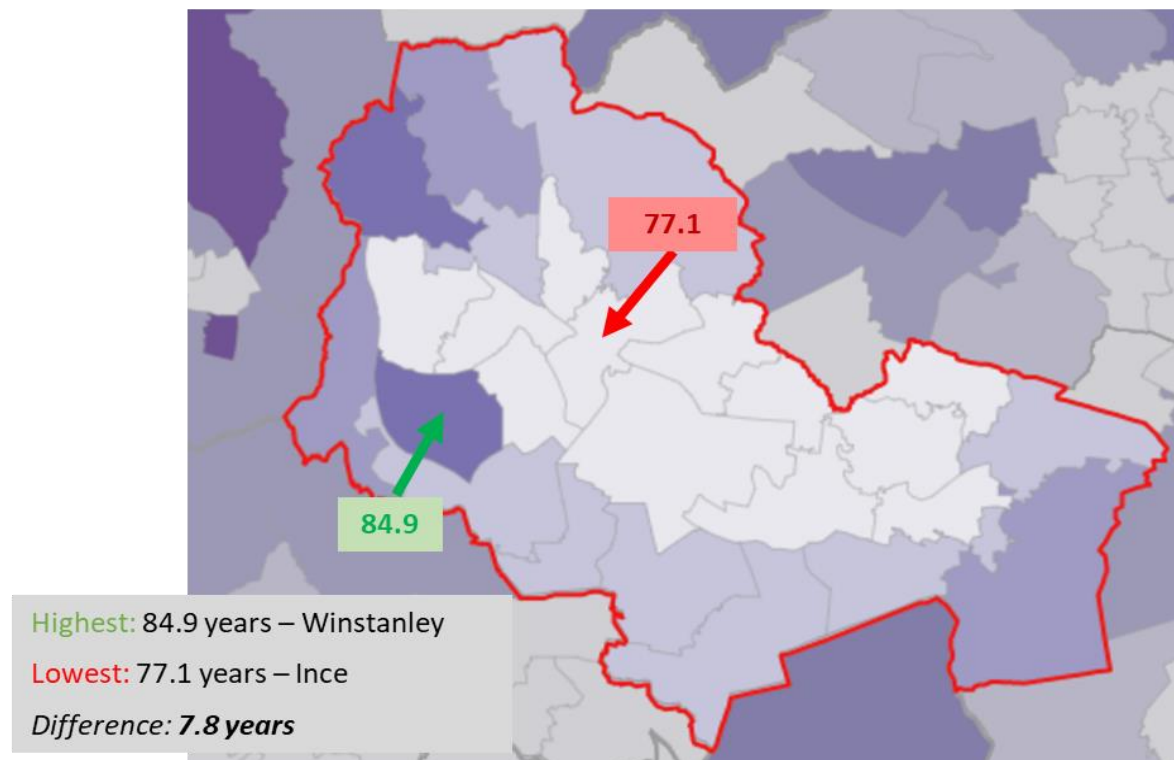
The average life expectancy in Wigan is 77.2 years for males and 80.8 years for females. These are both lower than the England average (78.7 and 82.8)

Within the borough, there's eight years difference between the most and least deprived wards.

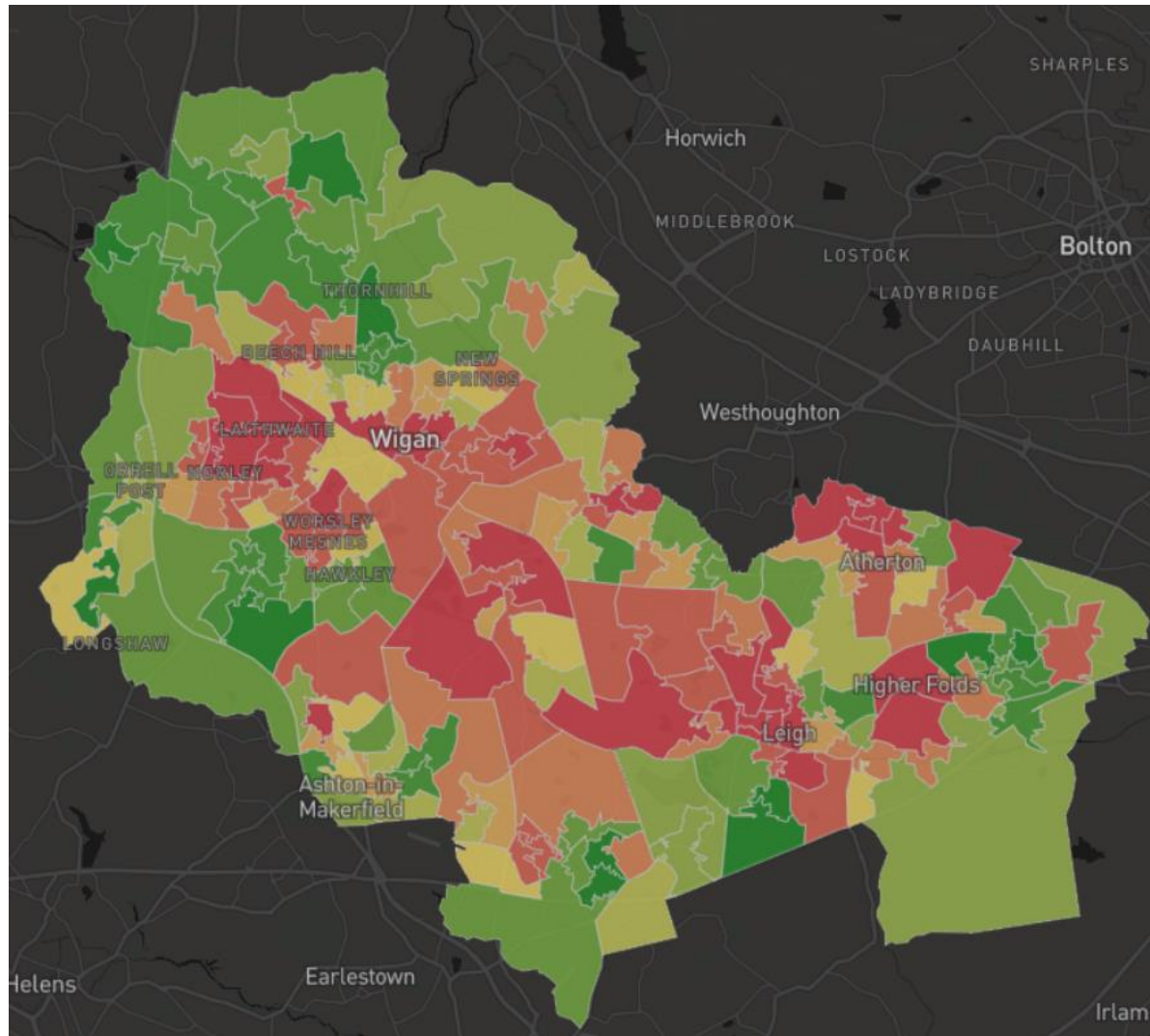
Males (2016-20)



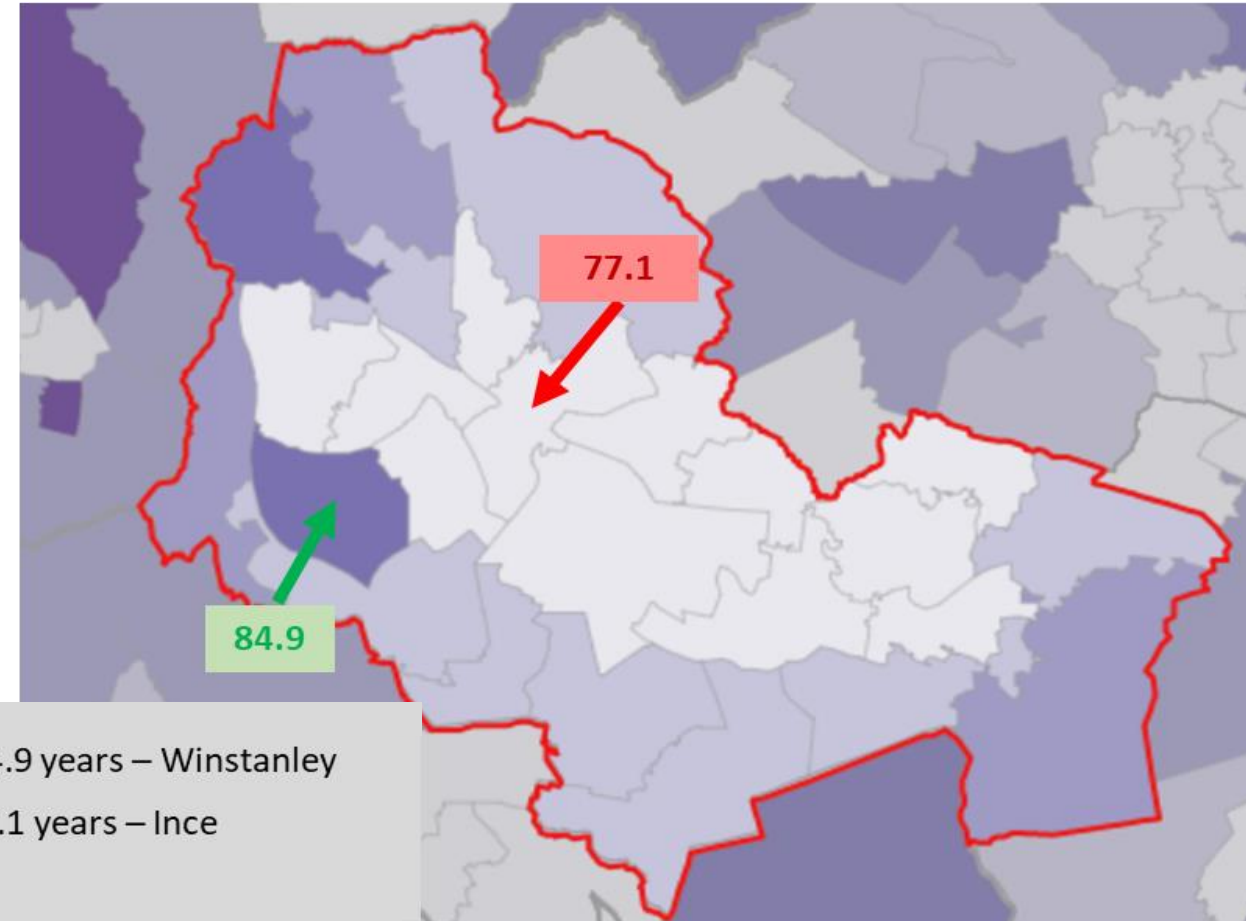
Females (2016-20)



Deprivation and Life Expectancy



Females (2016-20)



Life Expectancy in Good Health

