



3rd Health & Care Research Forum 4/2/25

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Wigan Council



Reflections on our Wigan Health & Care Research Forum Journey.....



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- **Session 1 – 5/7/24**

- ✓ Opportunity to network, bring like minded people together
- ✓ Gain understanding of **population health** across the borough via the Joint Strategic Needs Analysis
- ✓ Opportunities to develop **further health improvement work** across the borough with a focus on **improving take up in research participation** representative of our Wigan community
- ✓ Started the conversation about how we can together foster **mutually beneficial research partnerships** thinking about current real examples of work across health and care system and suggested themes - **Falls Service, mental health, holistic care for respiratory, obesity, diabetes, PH service evaluation**
- ✓ Identified areas in need of **development of new initiatives** that can help address inequalities (tested through research) - **Building research capacity in community settings, lived experience to life, qualitative research with diverse communities, language and communication of messages using behavioural insight**
- ✓ Collectively taking a holistic and wellbeing approach which contributes to health and wellbeing approach

- *“Clinical Research is everyone’s future, Saving and Improving Lives.”*

(National Institute for Health and Care Research)



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Reflections on Session 2 – 14/10/24

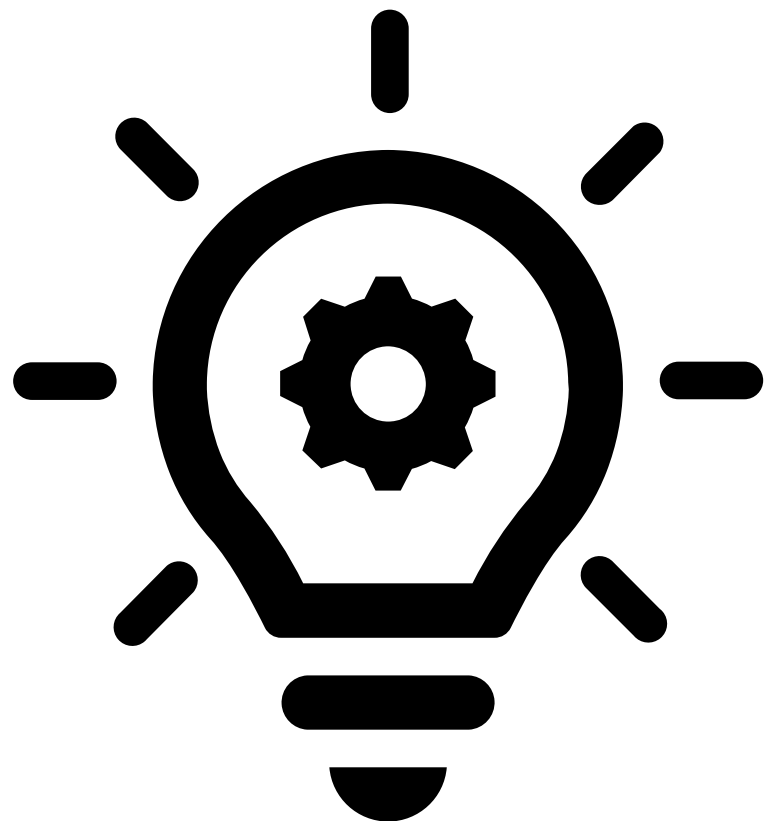
- ✓ Launch of Wigan Council's Progress with Unity vision and mission to **create fair opportunities for all children, families, residents and businesses** AND make all our towns and neighbourhoods **flourish** for those who live and work in them.
- ✓ Public Health principles of research - **improve the health and well-being of communities and societies** by understanding the **factors that influence health**, preventing diseases and injuries, and promoting healthy behaviours and policies.
- ✓ Success in attracting NIHR funding to the borough – Local Authority Research Practitioner Role over next two years. [Local Authority Research Practitioner](#)[Local Authority Research Practitioner](#)
- ✓ Supported by our [Civic Agreement \(wigan.gov.uk\)](#) - creating pathways for the community to increase aspiration and knowledge, enabling people to boost their opportunities
- ✓ The importance of health and social care research in finding out **new knowledge** that could lead to changes to health treatments, policies or care and **increasing diversity in research**.
- ✓ **Research methodology**, design process, asking the research question, timing of funding applications, governance and vast range of **funding opportunities** available in health and social care on a variety of topics - [NIHR's Research Support Service](#) and <https://research.northwest.nhs.uk/>
- ✓ **Opportunity for wider discussion** – breaking down barriers to access to health and care services; building research ready communities; supporting public health behaviour change; actively engage residents in direction and design of research.

Research Projects





Future Sessions



- Planning for next session in Spring 25 – potential for diabetes to be focus
- Themed areas with subject experts.
- Forward plan for the year – your research forum , let us know your thoughts and ideas !
- E-mail:
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Agenda

Wigan Health & Care Research Forum

9am	Arrival and refreshments	
9.30	Welcome & Introduction	Louise Lindsay
9.40	Respiratory Integrated Care project	Dr Abdul Ashish
10.10	Supporting Applied Health and Care Research in Wigan	Sue Wood
10.40	BREAK	
11.00	Participant Voice, Inclusion in Breast/cervical screening/menopause Studies	Jenny Jones Verity Kaye
11.30	Research Ready Communities and Learning Opportunities for health and care staff	Mary Speake
11.50	"Walking in Their Shoes"	Andrea Arkwright
12.20	Closing Summary & Discussion	Alison Robinson