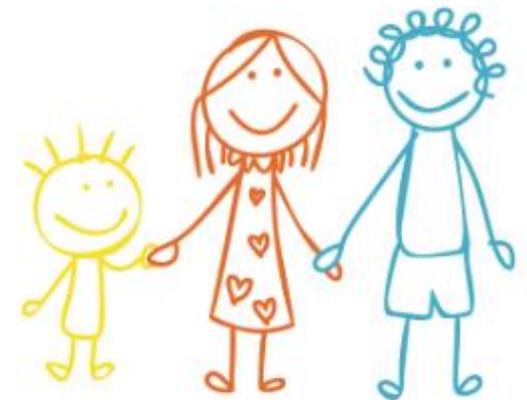


# CHILD HEALTH LITERACY

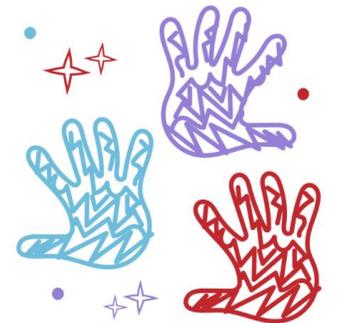
**Professor Lucy Bray**  
**Faculty of Health, Social Care and Medicine**  
**Edge Hill University**



# What is health literacy?

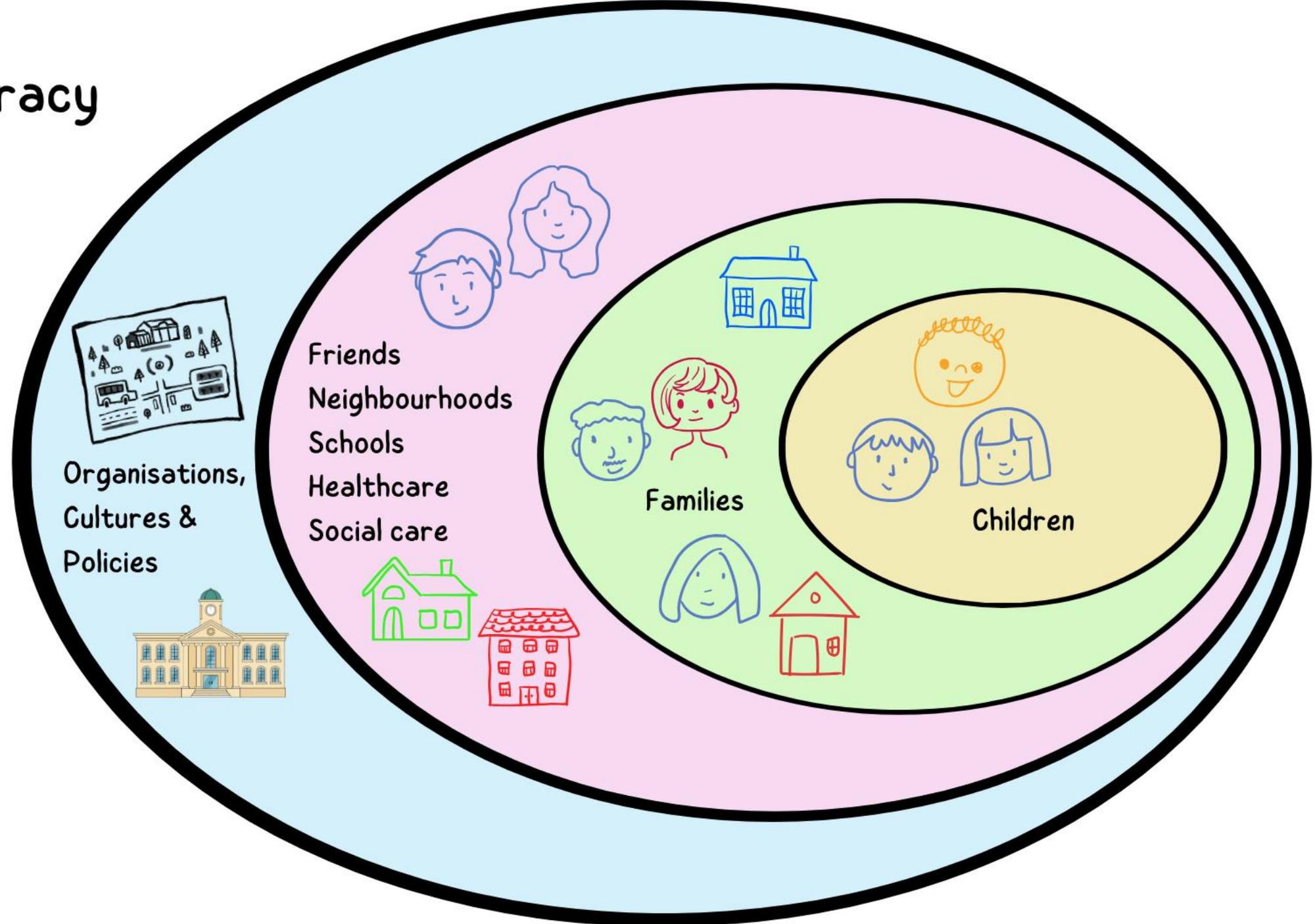


**“Health literacy is the personal knowledge and competencies that are gained through daily activities, social interactions and across generations. Personal knowledge and competencies are mediated by the organisational structures and the availability of resources that enable people to access, understand and use information and services in ways that promote and maintain good health and well-being for themselves and those around them”. (WHO 2021)**



# Health Literacy

Access and use  
of information  
and services to  
improve health  
and well-being.



Restrictive practices

Information & decisions

Preparation & communication

Mental health

Access to Services

Under-served communities

Complex needs

Children undergoing tests, treatments, examinations or interventions



Neurodivergent and/or disabled children and young people

## Child Health Literacy Research Programme

Rights-based

Co-developed

Inclusive and creative

Empowerment & equity

Intersectionality

Solution focussed

Children with long term conditions and their family's access to and use of information to guide management

Cancer

Epilepsy

Duchenne

Diabetes

Musculoskeletal

Stomas

Arthritis

iSupport



**Thank you**

**[brayl@edgehill.ac.uk](mailto:brayl@edgehill.ac.uk)**

