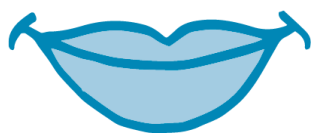


Happy without my dummy



Some sounds are made at the front of the mouth
e.g. p, t, d,s,f
Using a dummy makes it hard to say these sounds



Dummies should be gently withdrawn between 6 and 12 months to avoid possible longer-term problems such as:
ear infections
misalignment of teeth
speech sound difficulties
excessive drooling

Using a dummy during waking or playing hours could prevent a baby from babbling, which is an important step in learning to talk

Did you know?

You can help me to be happy without my dummy...

Try reducing my dummy use to key times during the day, such as sleep time



Reward charts help to keep me motivated

Help me to give my dummy to the 'dummy fairy'



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