

# 'Special time' together



Choose any time that is convenient for you. Some parents like to have 'Special Time' at the same time every day

Before we start, explain that we are having special time together and ask me to choose what activity we do. Use a clock, watch, or timer to keep 'Special Time' to 10 minutes



Special time is for me and you! I need your full attention so please put your phone away and turn off the TV



'Special Time' is a time for you and your child to play together and may on top of the times you already have

At the end of the 10 minutes thank me for helping you do 'Special Time'

We might play games together e.g. build a tower, play with cars, dolls or bubbles. I like it when you let me choose the activity!



Copy and follow what I am doing. Let me lead the play

