




Helping children's attention and listening



Being able to listen and attend is a learnt skill. Children need to develop their listening skills so that they can pay attention in class and join in conversations with others



You can focus your child's attention by calling their name before giving instructions. Keep your instructions short and simple. It helps when you give specific praise e.g. "good waiting", "good sitting" rather than "good boy"



Distractions like the TV, phone or tablet make it hard for children to concentrate. If you remove distractions it will make it easier for children to listen.



Turn-taking games help children to look, listen and wait. You could take turns with board games, bubbles or cars

