

## About Alzheimer's Society

Alzheimer's Society is the UK's leading support and research charity for people with dementia, their families and carers. We provide information and support to people with any form of dementia and their carers through our publications, National Dementia Helpline, website, and more than 2,000 local services. We campaign for better quality of life for people with dementia and greater understanding of dementia.

For more information about dementia and the support available, visit [alzheimers.org.uk](http://alzheimers.org.uk) or call the National Dementia Helpline on 0300 222 1122.

## Your Local Alzheimer's Society

Alzheimer's Society

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T: 01942 247 837

[alzheimers.org.uk](http://alzheimers.org.uk)



# Dementia Support Service for carers in the Wigan Borough



If you are caring for someone with dementia, our Dementia Support Service is here to give you practical and emotional support.

## What the Dementia Support Service does

When you're caring for someone with dementia, it's easy to ignore your own needs too.

But it's much easier to care for your own health and wellbeing, and the Dementia Support Service is here.



The service can provide practical and emotional support to carers of people with dementia. This includes helping you to access other local support services and overcome any difficulties you may experience.

The service is here to help those who are most in need of support.

Our aim is to help you feel supported, and maintain your health and wellbeing in your caring role.

## How to access the service

You may wish to contact us yourself or on behalf of a family member to access the service.

Alternatively, your health and social care professional can refer you to our service. Examples of this may be:

- GP
- Social Worker
- Community Mental Health Team
- Later Life & Memory Service

With your permission, they will pass your details on to us.

## What happens next?

A Dementia Support Worker will contact you, usually within two weeks of your referral. We can arrange an appointment to see you, if necessary, at your home or another suitable location.

During this time we will discuss your needs as a carer and make a plan of support tailored to you.

We can provide information about caring for a person with dementia and support you to overcome any difficulties in your caring role.