

Hindley, Scholes & Leigh Dementia Friendly Communities

A Dementia Friendly Community is a city, town or village where people with dementia are understood, respected and supported, and can be confident they can contribute to community life. People will be aware of and understand dementia, and people with dementia will feel included and involved and have choice over their day-to-day lives.

The dementia friendly communities program is part of the Prime Minister's challenge on dementia and projects in Hindley, Scholes & Leigh have looked at what would make a difference for people with dementia and their carers, making their community a good place to live well with dementia.

In order for this to happen the community needed to understand what it means to live with dementia. So the opinions of people with dementia and their carers in Hindley, Scholes & Leigh has been at the heart of any considerations or decisions made by the community.

Around 800,000 people in the UK have dementia and this is predicted to rise to more than a million by 2021. In Wigan Borough it is estimated around 3,200 people have dementia, although it may be more as many people with the condition do not receive a formal diagnosis.

The Dementia Friendly Community initiative has connected a really mixed group of people into a complex social care challenge. Moving away from consultation around services to a "conversation" where people see the solutions resting in their own hands, making the decisions on what a dementia friendly community should look like in their community.

The projects in this flyer are now underway and we have local organisations and businesses leading the work supported by groups of local people. These projects are free to people who have dementia and their carers.

<http://www.wigan.gov.uk/dementiafriendly>

Wigan Council's Dementia Friendly Projects

In partnership with the Alzheimer's Society, 5 Boroughs Partnership NHS Foundation Trust and working with local communities to ensure people with dementia are understood, respected, supported and can contribute to community life

What has been achieved in Hindley

Hindley Dementia Café

At Summat to Ate Restaurant in Market Street. Working in partnership with the Alzheimer's Society, the Hindley Dementia Café will be supported by dedicated staff and volunteers who will assist clients over lunch with advice, information and activities - all offered in a friendly social environment. For details call Pauline Blackie T: 01942 247837.

Wednesday Drop In Sessions

Drop in on a Wednesday afternoon for tea and a chat at Pye Studios in Market Street; Everyone Welcome. For details Call Pye Studios T: 01942 522521.

Hindley Website

Hindley Website has been developed by Hindley Life Magazine and includes information on all the dementia projects in Hindley. For details call Frank T: 01942 707424.

Dementia Information Board & Dementia Champion

For all the latest information a dedicated Dementia Board is displayed at Wigan & Leigh Carers Centre in Frederick Street along with a lead Dementia Champion. For details call the Carers Centre T: 01942 705959.

Swimming Sessions

For people with dementia and their carers, access free swimming sessions at Hindley Phoenix Baths. For details T: 01942 665356.

Dementia Awareness Training

Developed by Crossroads Care Northwest at Tudor House, a 5 minute DVD has been produced to enable local businesses the opportunity to become dementia aware in Hindley. Working in Partnership with 5 Boroughs Partnership NHS Foundation Trust, the existing Safe in Town project managed by People 1st and the Alzheimer's Society. For details call Lynda Harrison T: 01744 612499.

Reminiscence Therapy Sessions

Facilitated by Wigan Museum Services and hosted at Hindley Library. For details call Susan White T: 01942 255287.

Dementia Friendly Hindley was the first of Wigan Council's projects launched to support members of the community to contribute towards making their area a Dementia Friendly Community. It was launched with NHS Innovation Fund money.

What has been achieved in Scholes

Dementia Awareness & Role Play . Green Room Creative Productions developed an interactive workshop using actors in role play scenarios. Target audiences are customer-facing staff, young people and the general public. The 75-minute session offered participants communication skills and tools to support people living with dementia, with the aim of them leading more active, confident lives in the community. For more details, contact Martin Green on T: 07947 031234.

Mobile Sensory Service. Providing a mobile multi sensory service for people with dementia in the Scholes area, in a home setting, care home, day centre or community centre. For details call Amy Cotter at Sensoriel T: 07899 924696.

Music & Memories. Using music to trigger interesting memories of their lives, generating a discussion and recording the person's memories that can then be shared with friends and family. For details call John White at Everyone Wigan T: 01942 207335.

Music Reminiscence & Memory Lane Café. An intergenerational project, uniting the young and people with dementia in the Scholes Community. Young musicians play music, which stimulates memory recall and singing; enjoyed with a cuppa and cake. For details call Jayne at 21:12 Music Community T: 07585 123405

Dementia Pinnies. Catherine will make dementia pinnies for less active people with dementia who live in Scholes, enabling them to improve their circulation and promote conversation. For details call Cat Martland T: 07525 939953.

Happy Heritage—Contented Dementia. Reminiscence workshops for people with dementia and their carers in Scholes. For details call Dianne Teskey at Museum of Wigan Life T: 01942 828103.

Forget-Me-Not Café at St George's Care Home. Over afternoon tea we welcome everyone who has been touched by dementia to come along the first Wednesday of each month. Have a chat and join in the activities, support and advice on offer. For details call T: 01942 821399.

Pottery Workshop. Pottery is a sensory therapeutic medium offering people with dementia an opportunity to develop and socialise while developing a new hobby and interest. For details of the pottery sessions call Lizzie Griffiths at Craftworks Community Arts T: 07904 931003.

Dementia Friendly Scholes was the second Wigan Council led project launched to support members of the community to contribute towards making their area a Dementia Friendly Community. It was launched with Nesta Creative Councils funding.

What has been achieved in Leigh

Contented Dementia

Reminiscence workshops in the Derby Room at Leigh Library for people with dementia and their carers; incorporating films and rhythm sessions. For details call Maureen O’Bern at Turnpike Centre, Leigh Library T: 01942 404404.

Mobile Sensory Service

Providing a mobile multi sensory service for people with dementia in the Leigh area, in a home setting, care home, day centre or community centre. For details call Amy Cotter at Sensoriel T: 07899 924696.

Cadence Classic Cinema Club

Based at Etherstone Day Centre in Leigh the cinema club will evoke memories of the old classic cinema in Leigh. Each cinema club event will have a theme e.g. westerns, romantic, comedy with the addition of lunch included. Memories the films evoke will be recorded on a documentary film (optional). For details call Ian Jackson at Cadence Café T: 01942 876489

Dementia Awareness & Role Play

Green Room Creative Productions has developed an interactive workshop using actors in role play scenarios. Target audiences are customer-facing staff, young people and the general public. The 75-minute session offers participants communication skills and tools to support people living with dementia, with the aim of them leading more active, confident lives in the community. For more details, contact Martin Green on 07947 031234.

Dementia Buddy Website

To develop a website that will be a central point of contact enabling everyone to connect / signpost to for information on dementia services. Everyone who is part of the dementia ‘family’ will have regularly updates on events. For details call Mark Aldred at Good Deeds T: 01942 886452.

Memorable Melodies

The choir will sing familiar songs to bring back memories and learn singing techniques, which will improve breathing and communication. This weekly 1 ½ hour choir session will include a break for refreshments and enjoy a sense of being part of a regular group in a friendly environment. For details call Jan Harney at As in Eden T: 01942 269187.

Open Door Day

High Peak Lodge want to open their doors to the community, enabling everyone to come together and enjoy each others company over a cuppa and cake, along with joining in activities and watching the entertainment organised. For details call Lorraine Riley at High Peak Lodge T: 01942 262021.

Dementia Friendly Leigh is Wigan Council’s third project to support members of the community to contribute towards making their area a Dementia Friendly Community. It is funded through the council’s public health budget which aims to support Wigan Borough residents to *Start well, Live well, Age well.*