

EMOLLIENT LADDER

Formulary (GMMMG) | 1 - First Choice | 2 - Second Choice

Very Greasy

¹White Soft Paraffin
¹Zeroderm Ointment
²Hydromol Ointment

²50:50 Ointment
²Cetraben Ointment
²Diprobase Ointment

Greasy

¹Zerodouble Gel (Low Paraffin)
¹Zeroguent Cream

Creamy

¹Epimax Cream (Low Paraffin)
¹Oilatum Cream (Low Paraffin)
¹Zerobase (Low Paraffin)
¹Zerocream

²Ultrabase Cream (Low Paraffin)
²Cetraben Cream (Low Paraffin)

Colloidal Oatmeal (to be used in patients unresponsive to other emollients)

¹Zeroveen Cream ²Aproderm Colloidal Oat Cream (Paraffin Free)

Antimicrobial (with chlorhexidine & benzalkonium chloride)

¹Dermol Cream (if skin often infected)

With Urea

²Balneum Plus (5% Urea)

¹Imuderm Cream (Glycerin & 5% Urea)
¹Dermatonics Heel Balm (25% Urea)

Urea containing products maybe useful in very dry scaling conditions including Ichthyosis, Keratosis Pilaris and Hyperkeratosis (skin thickening) of the palms and soles.

Light

¹ZeroAQS Cream (Low Paraffin)
¹QV Lotion (Low Paraffin)

²E45 Lotion (Low Paraffin)
²Cetraben Lotion (Low Paraffin)

Antimicrobial (with chlorhexidine & benzalkonium chloride)

¹Dermol 500 Lotion (if skin often infected)



Take Care - Do not smoke or go near naked flames because clothing or fabric such as bedding or bandages that have been in contact with an emollient or emollient treated skin can rapidly ignite.

- **Chlorexidine** containing products may very rarely cause an anaphylatic reaction.
- **Benzalkonium Chloride** containing products may cause skin irritation with long term use.