

# Skin Conditions

## Dermatology Community Service Page

The **Dermatology Community** service page provides links to many websites with information to help manage skin conditions including eczema and psoriasis. As a patient, parent or carer you may find these pages useful to look through.

Visit: [www.wwl.nhs.uk](http://www.wwl.nhs.uk)

- [If using a mobile click on Navigation then into Patient Services](#)
- [If using a desktop click on Patient Services](#)
- [Or scan the code to visit our service directory](#)



On this page we have links to our Dermatology in the Community and Dermatology in the Hospital pages

Saving the link of the service page to a desktop should make it much quicker to access the information next time you want to look.

Please find below and overleaf some of the information you are able to access directly from the service page.

### COVID-19 (coronavirus) information:

- **COVID-19 hand washing advice**
  - **British Association of Dermatology COVID-19 advice**
  - **Advice on COVID-19 for people with eczema**
  - **COVID-19 advice for people living with psoriasis and psoriatic arthritis.**
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- **Eczema section** The National Eczema Society is an excellent resource.
  - **Emollient factsheet and Emollient Ladder**
  - **Psoriasis section**
  - **Soap substitute video** – **please note when hand washing during the COVID-19 period the information on how to wash your hands has changed – see above links.**
  - **Video Guides** – How to Apply Emollients, How to Apply Topical Steroids, Treating Scalp Psoriasis, How to Apply Paste Bandages, How to Apply Wet Wraps, How to Apply Occlusive Dressings
  - **Emollients on dressings or clothing: fire risk**
  - **Finding it difficult to get emollient and wash products** – information from the National Eczema Society and Psoriasis Association

- **Topical Steroid Factsheet and Steroid Ladder**
- **Antihistamines**
- **Antibiotics**
- **Infections and Eczema**
- **Bandages and Wet Wraps**
- **Topical Calcineurin Inhibitor factsheet** – Protopic and Elidel
- **A guide for teenagers on eczema** – Live your life
- **Psoteen from the Psoriasis Association.** Support for teenagers living with psoriasis
- **Information on pre-payment prescriptions** which should help to reduce your prescription charges.
- **Talkhealth Partnership** – Many support programmes including ones on eczema, psoriasis, acne, rosacea and wellbeing.
- **Health and wellbeing** links with lots of support and information to live a healthier life. The **skinsupport website** was developed to support people with psychological distress due to skin conditions.
- **Facebook** links can be a useful resource to keep up-to-date
- **Schools pack** from the National Eczema Society supporting parents, children and schools.
- **Royal college of GPs Dermatology Toolkit** – Information and support for patients and carers
- **Skinhealthinfo** has lots of advice for people living with skin conditions. Under the Support and Resources title there are video guides plus much more.
- **Eczema Outreach Support** – free support pack available
- **AcneSupport** excellent website for those with acne
- **AllergyUK** – the leading national charity providing support, advice and information for those living with allergic disease.
- **Sun awareness** and **Skin Cancer** information
- **MASCED** - Melanoma and Skin Cancer Early Detection training programmes for - Hair, Health and Beauty Industry Professionals and Medical and Healthcare Practitioners
- **Eczema and Psoriasis Guidelines**
- **Primary Care Dermatology Society** – lots of information for patients and carers
- **Changing Faces** – skin camouflage service and information
- **British Skin Foundation** – UK charity raising money to fund research into all types of skin disease, including skin cancer.

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**We are running a reduced service at the moment with fewer clinics available due to some of our nurses working in other areas. All consultations are currently by telephone unless this has been organised otherwise.**

**If you are currently under the dermatology in the community services care and need to speak to someone please call 482230.**