



## North West Maternity Services

If you are pregnant and Black, Black British, Asian and Asian British, you may be more vulnerable to COVID-19.

Maternity services and hospitals are **open and safe** to attend any time. We are here to support you.

COVID-19 restrictions have led to us spending more time in the home. This is because homes are perceived as being safer at this time

However, **not everyone** feels safe in their home.

Here are some things we want you to know:

- Your safety can be affected by a lack of love/respect and support or a lack of touch or isolation
- Your safety can be about a restriction to accessing your own money or finances
- It can also be somebody touching or hurting you against your will

**THIS IS NOT OKAY.**

**Speak to your midwife about this in confidence and get advice on the support available for you.**

**Trust your instincts:  
Call your midwife or  
maternity unit if you  
are worried.**

