

Small Aids & Adaptations

Benefits

Improved physical functioning
(more energy)

Improved psychological
functioning

Improved social functioning

Increased confidence

Increased independence

Greater sense of control over
pain



Small Aids and Adaptations For The Home

- You can self-refer to Wigan Council and complete online form
- **Simple aids** - examples include grab rails, garden and path rails, half steps and stair rails.
- **Larger aids** - If you are assessed as needing a larger adaptation such as a stairlift, shower, ramp etc the process is different depending on who owns your house.

[Aids and adaptations \(wigan.gov.uk\)](http://wigan.gov.uk)