Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

About the Team - Macmillan Allied Health Professionals Team

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Patient Information

Macmillan Allied Health Professionals Team

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Who are we?

We are members of a group of health workers called Allied Health Professionals (AHPs) and are based at Wigan and Leigh Hospice.

All members of the team have undertaken specialised training to provide high quality life enhancing care for patients who are living with cancer and / or other life limiting diseases.

The multi-disciplinary team consists of AHPs from:

- Physiotherapy
- Occupational Therapy
- Nutrition and Dietetics
- Speech and Language Therapy

All professions are supported by a rehabilitation practitioner and admin support

We work closely with District Nurses, General Practitioners (GPs), hospice staff, hospital staff and many other health and social care professionals to provide expert care.

What we do?

We work with people who are experiencing difficulties in their everyday life because of their illness or its treatment.

This can be at any point in time during or after your treatment.

Difficulties vary but may include symptoms such as:

- Anxiety
- Breathlessness
- Pain
- Low energy levels
- Muscle weakness
- Difficulty eating, drinking, or swallowing
- Weight loss
- Bowel problems
- Difficulty communicating.

What will happen after I have been referred to the team?

You will be offered an appointment for an individual assessment by one or more members of the team. With your agreement, the therapist will ask you questions about the impact of your illness on everyday life. You will be given time to explain your priorities and main concerns.

Together you will agree an individualised plan aimed at meeting your needs.

The plan may include:

Assessment and advice on suitable equipment

- Relaxation techniques
- Review of mobility
- Exercise programmes
- Advice on diet and nutrition
- Breathlessness management
- Fatigue management
- Strategies to assist communication.

Where will the appointments take place?

You will be offered an appointment at a venue that most suits your needs.

That may be:

- In the outpatient clinic at the hospice
- In your own home
- On the hospice ward
- In another suitable location.

How often will I be seen?

Assessment of your needs may require more than one appointment session with one or more members of the team.

Once a plan has been made further sessions will be agreed at mutually convenient dates and locations for you and your therapist(s).

When your plan has been completed you will be discharged from the care of the Macmillan Allied Health Professionals Team. You may be referred to other services outside of our team for additional help.

You can request a re-assessment if your needs change or new problems arise following discharge.

How can I contact the Macmillan Allied Health Professionals Team?

The Macmillan Allied Health Professionals Team is based at Wigan and Leigh Hospice.

Macmillan Allied Health Professionals Team

Wigan and Leigh Hospice

Kildare Street

Hindley

Wigan

WN2 3HZ

Telephone: 01942 525566

Monday to Friday: 8am to 4pm

Email: wwl-tr.macmillanahp@nhs.net

Useful contacts:

Macmillan Cancer Support

Macmillan support line: 0808 808 0000

Monday to Friday 9am to 8pm

www.macmillan.org.uk

Wigan & Leigh Hospice

Kildare Street

Hindley

Wigan

WN2 3HZ

Telephone: 01942 525566

www.wlh.org.uk

Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

In conjunction with:

WE ARE MACMILLAN. CANCER SUPPORT

Wigan & Leigh Hospice



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