Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Community Neuro and Stroke team

Version number: **1**
Last modified date: **12th November 2026**

Community Neuro and Stroke Team (CNST)

Patient Information

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Who are we?

The Community Neuro & Stroke Team are a team of skilled professionals working with individuals with neurological conditions. We aim to provide an honest, supportive and understanding service. We will endeavour to improve and maintain your quality of life and to help you achieve your personal goals. We are a goal-led service and will work with you to set and achieve realistic goals that are meaningful and purposeful to you.

Our core service consists of the following professionals:

- Highly Specialist Nurses
- Clinical Psychologist
- Physiotherapists
- Occupational Therapists
- Speech and Language Therapists
- Dieticians
- Assistant Practitioners
- Rehabilitation Facilitators
- Admin support

Community Neuro & Stroke Team Neuro & Stroke pathways

The service has two pathways:

Neuro pathway: for individuals with any neurological condition, other than Stroke, such as Parkinsons Disease, Multiple Sclerosis, Motor Neurone Disease, Cerebral Palsy, Brain Injury

Stroke pathway: for individuals who have experienced a Stroke.

Both pathways accept referrals for newly diagnosed conditions, long standing neurological diagnoses or where appropriate repeat re-referrals for individuals who have been known to the service in the past and require a review and further management of their long-term neurological condition.

Those individuals who have had a new stroke will be offered a 6-month post-stroke review.

Your first appointment

We will contact you to arrange an appointment that is convenient for you, and we will also detail the appropriate location e.g. your own home, clinic-based setting. A relative and or carer and/or friend may be present during the visit if you so wish.

Your assessment will include questions about a range of topics including:

- medical history and diagnosis
- current medication and treatment
- physical/mobility
- communication
- eating and drinking
- memory/concentration
- family/support

This is an opportunity for you to inform us about the problems and difficulties you are experiencing. You may not receive therapy or treatment on this visit as it is an assessment of your needs, with an action plan agreed upon.

What will happen following assessment?

There may be an initial wait for profession specific intervention following your initial assessment, and this will be communicated with you at your initial appointment.

Intervention is individualised, based on your identified needs, and the length of your time with the service will be dependent on your agreed goals, and on discussions with the professionals involved in your care. There is an option of self-referral back to the service in the future, following a period of intervention, should your needs change in the future.

How to Contact us

Trust Website - www.wwl.nhs.uk

You can contact us by telephone or email via the contact details below.

CNST – Neuro Pathway

Telephone – 0300 707 4255

Email – wwl-tr.neurocommunityteam@nhs.net

CNST – Stroke Pathway

Telephone – 0300 707 8507

Email - wwl-tr.wigancst@nhs.net

Our office hours are **Monday to Friday 8am to 5pm.**

If we are unable to take your call or you call out of the above standard office hours, you can leave a voicemail, and the most appropriate person will return your call.

Referrals are accepted from a wide range of professional sources including GPs, Consultants, Specialist Nurses, Therapists, Social Services and Voluntary sector. We accept re-referrals where they meet current service criteria. You must be registered with a GP in the Wigan Borough.

Please note we are not an emergency service. If you require an emergency service, please contact the relevant agency.



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