Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Hearing Therapy

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Last modified date: **12th November 2026**

Hearing Therapy

Patient Information

Audiology Services

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What is Hearing Therapy?

The Hearing Therapy service is based within the Audiology Department. Hearing Therapy can help by giving information, advice, and practical support for people who have hearing problems. People can have assistance with:

- Different communication options, including advice on effective communication tactics, sessions of lip-reading, and auditory training exercises to help with sound processing skills.
- Advice about equipment that may be useful for everyday life or work-based situations.
- Counselling, relaxation techniques, and assertiveness training to help reduce any hearing-related issues. This allows the client to increase self-confidence and gain the maximum benefit from hearing aids, other people, and the environment.
- Tinnitus advice and management techniques.
- Help with an application for Access to Work or Disabled Student Allowance. These schemes can provide funding towards necessary equipment or support services for people in employment or education.
- Rehabilitation to help manage hearing aids and provide assistance for people with dexterity or dual sensory losses.

The Hearing Therapist will discuss individual needs to create a tailored management plan. They will book further appointments if necessary.

If you have any questions, or cannot attend, please contact the Audiology Department on 0300 707 5667.

Contact

Audiology Department

Telephone: 0300 707 5667

Email: audiology@wwl.nhs.uk



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