



Wrightington, Wigan and
Leigh Teaching Hospitals
NHS Foundation Trust

Tinnitus Advice with Hearing Aid Fitting

Tinnitus Information with Hearing Aid Fitting

Patient Information

Audiology Service

- Author ID: JL
- Leaflet ref: Audio 010
- Version: 5
- Leaflet title: Tinnitus Information with Hearing Aid Fitting
- Last review: May 2025
- Expiry Date: May 2027



Introduction

Your appointment will last up to one hour. During this time the Audiologist will:

- Carry out an ear examination
- Explain your hearing test results
- Take a history of the tinnitus symptoms
- Explain tinnitus, including causes, therapies and equipment available
- Discuss the hearing aid type you will be offered and its use
- Fit your new hearing aid(s), which will have either an ear mould or sound tube depending on your hearing needs; these will be measured to ensure they are the right size and are comfortable to wear
- Programme the hearing aid(s) using a computer to set them accurately to your hearing test
- Test the hearing aid(s) while you are wearing them. This is done by placing a soft tube into your ear and playing a series of sounds through a small speaker. The computer then records the results
- Check that you are comfortable with the sound of the hearing aid(s). Adjustments are sometimes made if necessary.
- Explain what you can expect in the first few weeks of using the hearing aid(s)
- Demonstrate fitting and general use of the hearing aid(s) and give you time to practise putting them into your ears

A follow-up appointment will be booked for around 6 weeks after your hearing aid fitting appointment.

Hearing Aid Safety

Always follow audiologist instruction when using hearing aids. Tamper proofing should be used as specified in the hearing aid user guide. Infants and young children should never be left alone with hearing aids. It is important to always keep hearing aids and batteries out of reach of young children and pets. If it is thought that a battery has been swallowed, please go directly to Accident and Emergency.

If you require any further information please contact the Audiology Department on 01942 774667 or email audiology@wvl.nhs.uk and we will be happy to discuss this

with you.



Version number: **5**
Last modified date: **03rd July 2026**

All rights reserved © 2026
WWL Teaching Hospitals NHS Foundation Trust